



FROM THE BRAND THAT YOU TRUST

Recovery Back Brace

Sizing Guide

Choose brace size according to your pants waist size



	SMALL/MEDIUM	LARGE/X-LARGE
MEN'S	under 34"	over 34"
WOMEN'S	under 16	over 16

Compression products work best when they fit snugly. If you are between sizes we always recommend going with the smaller size for the most effectiveness.