

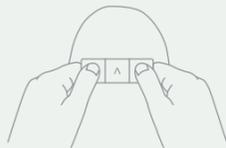
Record a 6-lead EKG

1
Open the app and tap "Record your EKG."

2
Choose "KardiaMobile 6L."

3
Select the 6-lead option.

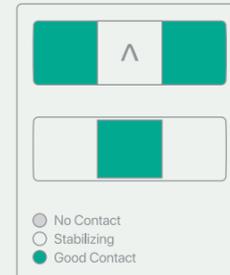
4
When ready, hold the EKG device with your thumbs touching the top two electrodes. There's no need to squeeze or press down firmly. Make sure the device is in the correct orientation, with the AliveCor "A" facing you.



5
With your thumbs resting on the top two electrodes, place the EKG device on the bare skin of your left leg (knee or inside of the ankle). The bottom electrode should contact the skin.



Note:
The app will indicate when you have good contact as you begin your recording.



6
Hold still as you watch the timer count down from 30 seconds, until your EKG recording is complete.

Helpful tips

I'm having trouble getting a clear reading.

If you have dry skin, moisten with water or lotion.

If recording a 6-lead EKG, it is important to place device on your left leg (knee or inside of the ankle). The device should be used on bare skin.

If the recording does not smooth out, adjust your position to sit comfortably. Ensure that your arms, hands, and left leg remain still to reduce muscle noise. Do not apply too much pressure to the electrodes.

I don't see an EKG recording

Make sure Bluetooth is turned on in your smartphone or tablet settings and follow the steps in "Record a single-lead EKG" or "Record a 6-Lead EKG."

For additional information, visit [alivecor.com/quickstart](https://www.alivecor.com/quickstart)
Or contact support@alivecor.com or call (855) 338-8800

Quick Start Guide
KardiaMobile 6L | 6-lead EKG

KardiaMobile 6L

Mobile 6-lead EKG

KardiaMobile 6L has two electrodes on the top surface and one on the bottom surface.

Top Electrodes (left and right hands)



Bottom Electrode (left leg)

Two kinds of EKGs

KardiaMobile 6L is capable of recording two kinds of EKGs: a single-lead EKG, the most commonly used, and a 6-lead EKG, which provides more data for your doctor. Both EKG types detect normal sinus rhythm, atrial fibrillation, bradycardia, and tachycardia.

A single-lead EKG

A single-lead EKG is the simplest method. It is taken by laying the device on a flat surface near your smartphone, and placing fingers from the left and right hand on the top two electrodes of the device.

A 6-lead EKG

A 6-lead EKG is taken in order to provide your doctor with more detailed information. It is done by resting the bottom electrode on the bare skin of your left leg (knee or inside of the ankle), and placing fingers from your left and right hand on the top two electrodes.

Set up your smartphone or tablet

1 Download the Kardia app from the App Store or Google Play.



2 Make sure Bluetooth is turned on in your smartphone or tablet settings.

3 Launch the Kardia app and tap "Create Account."

4 Follow the on-screen instructions to complete your account setup.

For additional information, visit [alivecor.com/quickstart](https://www.alivecor.com/quickstart) Or contact support@alivecor.com or call (855) 338-8800

Record a single-lead EKG

Follow the instructions below to record a single-lead EKG. Results from your first EKG will be automatically sent to a board-certified cardiologist for complimentary review. The review should take less than 24 hours. Once complete, you'll be able to take and view unlimited EKGs (single-lead and 6-lead).

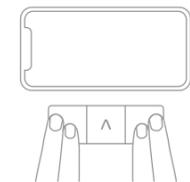
1 Open the app and tap "Record your first EKG."

2 Choose "KardiaMobile 6L." Follow the on-screen instructions to set up and pair your KardiaMobile 6L.

3 Lay device on a flat surface near your smartphone. Make sure the device is in the correct orientation with the AliveCor "A" facing you.



4 When ready, place two fingers from each hand on the top two electrodes. There's no need to squeeze or press down firmly.



5 Your recording will begin. Hold still as you watch the timer count down from 30 seconds, until your EKG recording is complete.