



BXT216 Treadmill

Dependable Performance. Incredible Results.



MACHINE FEATURES

- » 9" Full Color Backlit LCD Display
- » Integrated Handrail Controls
- » Speeds up to 12 MPH
- » 15% Motorized Incline
- » 22" x 60" Running Path
- » Comfort Tech™ Deck Cushioning
- » Powerful 4.0 CHP Motor
- » SoftDrop™ Folding System
- » Integrated Media Rack
- » Water Bottle Holder

WHAT IS THE BXT216?

Meet Your Fitness JRNY Coach

Introducing Bowflex JRNY™, the personalized coaching technology that integrates with your BXT216 to create daily, custom workouts and provide in-workout coaching and personalized feedback that encourages and drives users through their workout.*

Explore the World™ App

Automatically adjusts to your speed as you run through virtual courses, exotic locales, and stunning trails from around the globe.†

Integrated Controls

Easy to navigate, soft and responsive gel buttons ensure that you have everything within reach. Your incline, speed and programming are now just a touch away.

Built-in Motivation

The integrated calorie-focused burn rate console displays your calories burned per minute pushing you to go further and faster in less time.

*JRNY™ app subscription required. †3 free courses available. Unlock more with Explore the World™ app subscription.



WHY BXT216?

<p>Guided Coaching Integrates with the JRNY™ App and delivers in-workout coaching, custom running workouts, and more.†</p>	<p>Explore the World™ App Travel the globe from the comfort of home.</p>	<p>Premium Feature Set Featuring 4.0 CHP Motor, in-reach button controls, and 15% motorized incline.</p>	<p>Space Saving 22" x 60" running path and convenient SoftDrop™ folding system.</p>
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†JRNY™ app subscription required.

TECHNOLOGY

- » Bluetooth® Connectivity
- » Sync with JRNY™ App
- » Explore the World™ App Available
- » 11 Workout Programs
- » Real-Time Custom Programming
- » Integrated Heart Rate Contact Grips
- » Telemetry Heart Rate Tracking
- » 3-Speed Fan
- » USB Charging Port
- » In-Console Speakers

MACHINE SPECS

Dimensions

84.5" L x 38.5" W x 54.7" H

Maximum User Weight

375 lbs.

Assembled Product Weight

280 lbs.

Power Source

Included AC Adapter

Warranty

15 Years Frame & Motor

5 Years Parts

2 Years Labor



Integrated Controls



SoftDrop™ Folding System



22" x 60" Running Path

JRNY™ APP

Individualized Runs: Receive fresh, custom workouts every day that auto-adjust time and intensity as you get better.*

Real-Time Feedback: Personalized, real-time feedback and tracking celebrates your accomplishments with virtual rewards, motivation, and more.*

Virtual Coaching: Every run is led by Vi, the friendly, virtual coach that provides real-time fitness tips and speed targets to keep you on track, helping you reach success.

Explore the World While You Run: Stay engaged by exploring dozens of virtual courses and stunning trails that automatically adjust to your running speed.**

*Separate subscription required. **3 free courses available. Unlock more with Explore the World™ app.

