



SCHWINN

AD7 Airdyne® Bike

Premium Air Resistance Technology



MACHINE FEATURES

- » Progressive Wind Resistance
- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » Interval & Target Programs
- » Heart Rate Level Indicators
- » Multi-Display Console
- » Adjustable Seat
- » Perimeter Weight Fan
- » Multi-Position Hand Grips

WHAT IS THE AD7?

Infinite Resistance

Progressive wind resistance for infinite levels of challenge.

Multi-Display Console

High-resolution multi-display console tracks calories, watts, time, distance, speed and heart rate.

Belt Drive

Efficient single-stage belt drive that keeps the bike running quietly.

Comfort

Fore/aft and height adjustable seat with multi-position hand grips offer a variety of user and workout options.

WHY AD7?

<p>Perimeter Weighted Fan Optimized fan for easy start up and a smooth ride.</p>	<p>Single-Stage Belt Drive Provides efficient power transfer, low maintenance, and infinite levels of challenge.</p>	<p>Versatility Multi-position hand grips and adjustable seat offers a variety of workout options.</p>	<p>Program Choices Interval programs, target programs and heart rate level indicators for fat burn, aerobic and anaerobic training.</p>
---	---	--	--

TECHNOLOGY

- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » Interval & Target Programs
- » Heart Rate Level Indicators
- » Heart Rate Telemetric Enabled



Multi-Position Hand Grips

MACHINE SPECS

Dimensions

53" L x 26.5" W x 53" H

Maximum User Weight

350 lbs.

Assembled Product Weight

113 lbs.

Warranty

10-Years Frame
2-Years Parts
6-Month Labor



Perimeter Weighted Fan



Adjustable Seat