

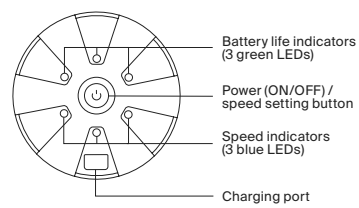
**Let's  
get  
started**



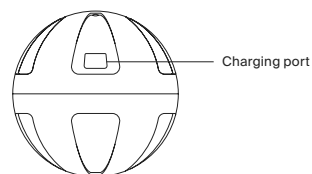


## Meet your new Hypersphere Go

Top view



Side view



## Before you start

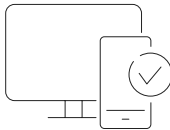
### Download the Hyperice App

Get the most out of your Hypersphere Go, or any Hyperice device with the Hyperice App. Follow along to guided routines, track your progress, and get tips and tricks from the world's best pros.



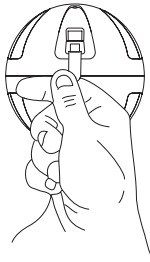
### Register your device

Activate your warranty and ensure easy returns, repairs, or refunds at [hyperice.com/register-product](https://hyperice.com/register-product).



### Charge your new Hypersphere Go

Plug in your new Hypersphere Go with the provided Hyperice charger. Fully charge the battery for up to two hours before first use.

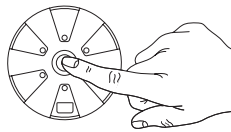


Please read the Operating Instructions before first use.

## Start your session

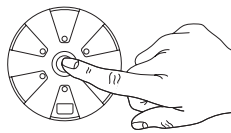
### Powering up

Turn your Hypersphere Go ON by pressing the power/speed setting button for three seconds.



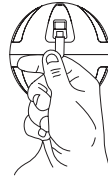
### Adjusting speeds

Press the power button once to turn device on to speed level one, twice to turn device to speed level two, and three times for speed level three.



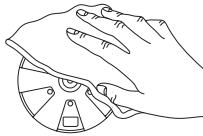
### Recharging

Full charge is indicated when the green LEDs stop pulsating and remain solid green. Only use the provided Hyperice USB cable.



### Caring for your Hypersphere Go

Use a damp, clean cloth to gently wipe your device. Make sure the power is OFF and the battery charger is not attached. Store in a clean, cool, dry place, out of direct sunlight, when not in use.



## We're here for you

### HyperCare®

Get award-winning support from our HyperCare team – a group of specialists dedicated to your overall well-being and expert guidance on Hyperice products.



1.855.734.7224



hyperice.com



customersupport@hyperice.com