



ECHELON[®]

ECHELON FITNESS MULTIMEDIA, LLC

Echelon ROW product description

Introducing the Echelon Row: An affordable, smart connect Rowing Machine that gives access to the live and on-demand classes led by dozens of certified instructors that the Echelon community has grown to love. Featuring 32 levels of silent magnetic resistance, a space efficient foldable design, and a 180-degree swiveling tablet mount that also allows simple access to cross-training classes off the rower, the Echelon Row is the same top-tier value that Echelon is known for.

The Echelon Row is designed with a magnetic resistance system with toggle thumb controls conveniently located on the handle. This allows for simple, smooth and silent changes in intensity while following the on-screen instructor's verbal queues. Exercisers love the versatility and interactivity offered by the Echelon Row. The foldable design along with a durable weight capacity of 300 pounds ensure space efficient workouts at home for years to come.

The content available with the Echelon Row ranges from classes for beginners to advanced rowers. Classes of varying length include motivating instructors, proper rowing technique as well as options to perform cross-training intervals off the rower. Virtual on-water courses offer additional variety of seeing the world while exercising at home.