

#### EN

With your inspiring rating, COSTWAY will be more consistent to offer you EASY SHOPPING EXPERIENCE, GOOD PRODUCTS and EFFICIENT SERVICE!

#### DE

Mit Ihrer inspirierenden Bewertung wird COSTWAY konsistenter sein, um Ihnen EIN SCHÖNES EINKAUFSERLEBNIS, GUTE PRODUKTE und EFFIZIENTEN SERVICE zu bieten!

#### FR

Avec votre évaluation inspirante, COSTWAY continuera à fournir une EXPÉRIENCE D'ACHAT PRATIQUE, des PRODUITS DE QUALITÉ et un SERVICE EFFICACE !

#### ES

Con su calificación inspiradora, COSTWAY será más consistente para ofrecerle EXPERIENCIA DE COMPRA FÁCIL, BUENOS PRODUCTOS y SERVICIO EFICIENTE.

#### IT

Con la tua valutazione incoraggiante, COSTWAY sarà più coerente per offrirti ESPERIENZA DI ACQUISTO FACILE, BUONI PRODOTTI e SERVIZIO EFFICIENTE!

#### PL

Dzięki twojej opinii COSTWAY będzie mógł oferować jeszcze WYGODNIEJSZE ZAKUPY, LEPSZE PRODUKTY i SPRAWNIEJSZĄ OBSŁUGĘ KLIENTA.



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## USER'S MANUAL

# Foot and Calf Massager HF10001US

**Read and understand this entire manual before using!**

## Technical Specifications

APPLIANCE NAME	Foot and Calf Massager
Model No.	HF10001US
Power Supply	110 V / 60HZ
Power Consumption	80 W
Dimension(L X W X H)	19.5 X 17 X 17.5 inch
Net Weight	24 lbs
Auto Shut-off Function	15 min
Material	Machine(ABS), Cloth Sleeve (Terylene)

## Important Safety Instructions

When using an electrical appliance, basic precautions should always be followed, including the following:

### Read all instructions before using

**DANGER** To reduce the risk of electric shock. Always unplug this appliance from the electrical outlet after using and before cleaning.

1. This appliance should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
2. Do not operate under the blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
3. Close supervision is necessary when this appliance is used by, on or near children, invalids, or disabled persons.
4. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
5. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water, return the appliance to a service center for examination and repair.

6. Do not carry this appliance by supply cord or use cord as a handle.
7. Keep the cord away from heated surface.
8. Never operate the appliance with the air opening blocked. Keep the air openings free of lint, hair, and the like.
9. Never drop or insert any object into any opening.
10. Do not use outdoors.
11. Do not operate where aerosol(spray) appliances are being used or where oxygen is being administered.
12. To disconnect, turn all controls to the off position, then remove the plug from the outlet.
13. This appliance is intended for household use.
14. **WARNING**-Do not stand on or in appliance. Use only while seated.

**DO NOT STAND ON OR IN  
APPLIANCE.  
USE ONLY WHILE SEATED!**

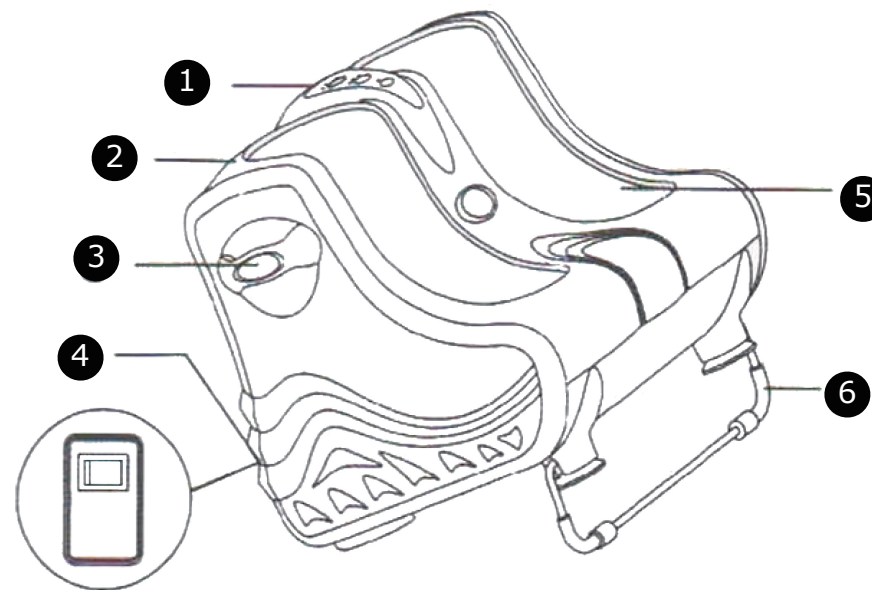
## Precautions

**Please connect the power supply according to the voltage regulations indicated. The machine must be plugged into the correct power supply.**

1. Individuals with high blood pressure or heart disease should use with caution or use under the guidance of a physician.
2. The following individuals should not use this appliance: women who are pregnant or menstruating, individuals with osteoporosis, malignant tumors, high fever, eczema, electronic medical machines such as a cardiac pacemaker, individuals with foot or calf injuries, intoxicated individuals, individuals who have been advised by their physician to rest or individuals who do not feel well.
3. Children 7 years of age or younger and elderly people who have trouble in moving should not use this appliance.
4. During usage, wet hands and wet cloths must not be used to bump or wipe the power supply switch, transformer or controller.
5. When using this massage appliance, do not unzip the zipper and remove the outer sleeve.

6. Do not squeeze, press or apply resistance to the kneading discs within the massage appliance. This can stress the motor, causing it to rise to excessively high temperatures and cause damage to the massage appliance.
7. Individuals who do not have the ability to operate the equipment should not use this massage appliance.
8. Please place the massage appliance in a place that is out of the reach of children.
9. Please do not activate the massaging functions until both feet have been placed inside the massage appliance, and please promptly turn off the massaging functions when both feet have been removed from the massage appliance. This will keep the appliance from unnecessary wear and tear.
10. If a power shortage suddenly occurs during massaging and both feet are trapped in the massage appliance, please use both hands to pry the kneading discs apart to the sides and pull the feet out.

## Components Names



1. Control panel

2. Main body of the appliance

3. Lifting strap

4. Power switch

5. Removable and washable cloth sleeve

6. Bracket

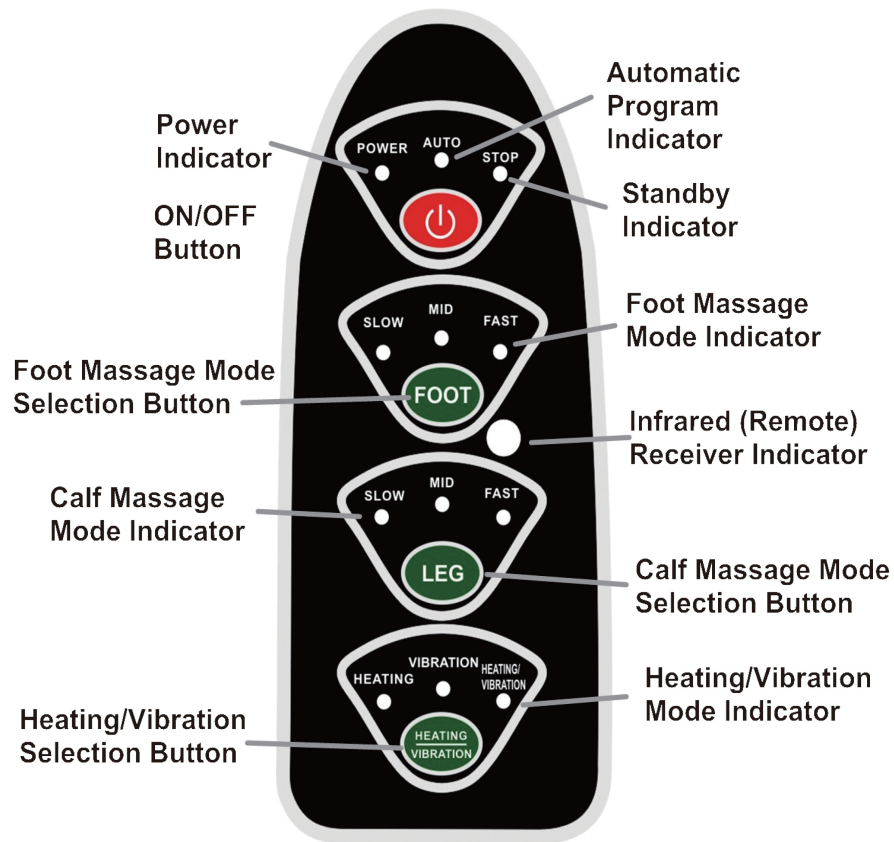


## Special Features

1. This product is intended for household use.
2. It has a comfortable and attractive exterior and a complete set of functions: automatic program, 3 different modes of foot kneading shiatsu and rolling, 3 strengths of calf kneading modes, 3 strengths of vibration selection and 3 strengths of heating selection. It can independently massage any single area and can simultaneously massage your feet sides, soles, ankles and calves, giving you the most relaxing and energetic massage experience.
3. Unique pressing design: It effectively massages the bottom of your feet, allowing you to enjoy an even more professional massage.
4. The operations are simple and convenient.

## Operation Guide

1. Plug one end of the power cord to the socket in the back of the machine and insert the other end of the 3-prong plug to an electric outlet.



2. Turn on the power switch in the back of the massager. The controller will release a beep and the power indicator and standby indicator should display red lights. The machine shut off automatically after 15 minutes.
3. Place the left and right calf into the corresponding left and right cloth sleeves on the massage machine.
4. Press on/off switch on control panel. The indicator of the automatic program displays red light and the automatic program starts.
5. Press on the foot massage selection key to select 3 different foot massage mode. Press on the calf massage selection key to select 3 intensity of calf massage. After foot massage selection key and/or calf massage selection key is pressed, the heating/ vibration can be selected. Press on heating/vibration selection key to choose heating(I), vibration(II) and heating+vibration(III). User can independently select different patterns to meet the requirements of different people.
6. The machine shut off automatically after 15 minutes.
7. If the massage stops midway, press the on/off switch to stop all functions and the machine will recover to the initial activated state.
8. Press on/off switch if you want to stop the massage immediately anytime.



Plug one end of the power cord to the socket in the back of machine and insert the other end of 3-prong plug into an electric outlet.



Turn on the power switch in the back of the massager. Both the power indicator light and standby light are on.



Sit on a chair and put your calves and feet into cloth sleeves on the massager.



Open or close the bracket according to the height of your feet.



Push proper selection key to start the massager.



Press on/off button to stop all function and return to standby status.



Stop use: If the machine is not in standby status, press on/off button. Turn off the power switch in the back of the machine. Unplug the power cord.

## Maintenance and Storage of the Appliance

**DANGER-** Do not place or store appliance where it can fall or be pulled into a tub or sink.

**DANGER-** Do not place or drop into water or other liquid.

1. Please cut the power by unplugging the power plug before cleaning the massage machine.
2. Use a neutral cleanser and a soft cloth for daily maintenance. Motor oil and organic solvents must not be used.
3. Do not use a wet cloth to clean the controller or power switch.
4. It is advised to use the machine for 15 minutes at a time. Continuous usage of the machine should not exceed 1 hour, in order to ensure the lifespan of the machine.
5. The outer cloth may be removed and cleaned when needed in order to maintain a clean surface of the cloth sleeve.

6. Please do not place clutter or heavy or sharp objects on the massage machine.
7. Because this appliance's machinery was specially designed and produced, it is not necessary to set times for adding lubrication oil or performing maintenance.
8. If this appliance is not used for long periods of time, please unplug the machine and store the machine inside its packaging.
9. During long-term storage, this appliance should be used at least one time for at least half-hour, in order to ensure the normal use of the internal electric equipment.