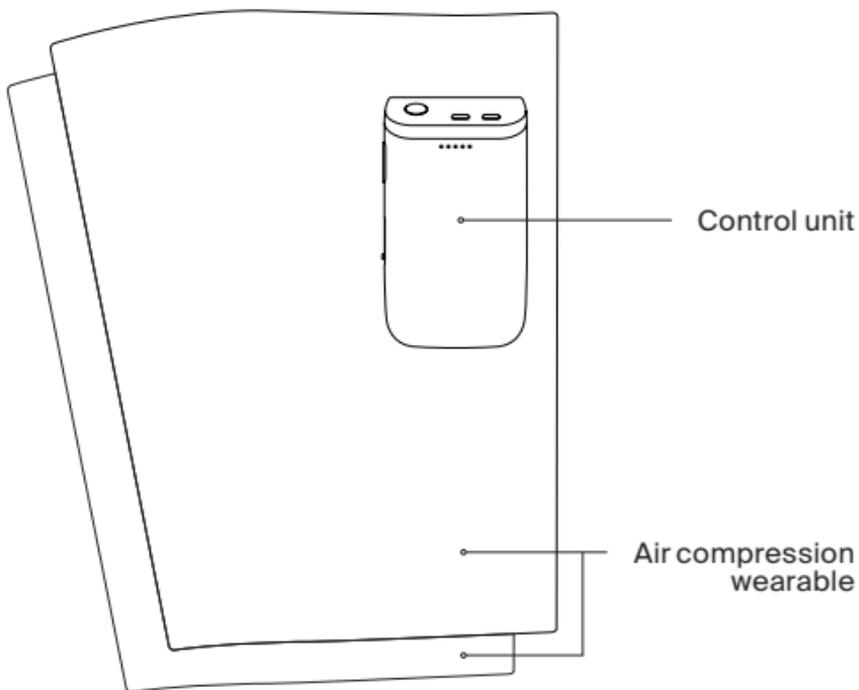


**Let's
get
started**

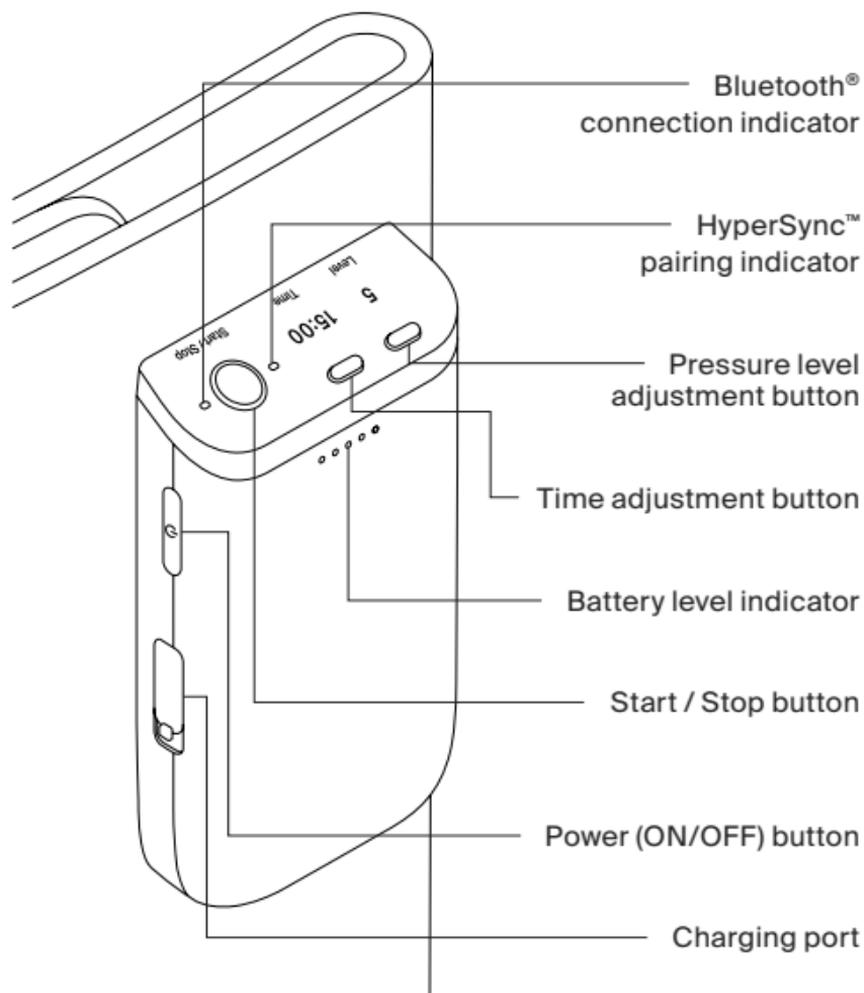
FI

Meet your new Normatec Go

Overview



Control unit



Before you start

Download the Hyperice App

Get the most out of your Normatec Go, or any Hyperice device with the Hyperice App. Automatically stop and start your sessions, and remotely control level and time adjustments. Simply open the app to automatically connect to your device. Bluetooth® connection indicator will illuminate when connection is successful.



Register your device

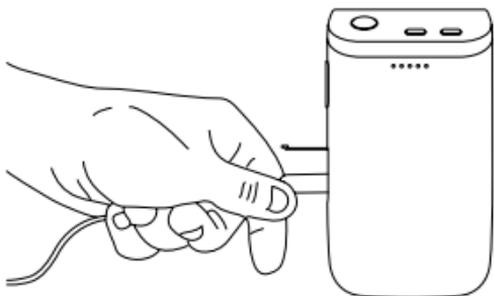
Activate your warranty and ensure easy returns, repairs, or refunds at [hyperice.com/register-product](https://www.hyperice.com/register-product).



Please read the Operating Instructions before first use.

Charge your new Normatec Go

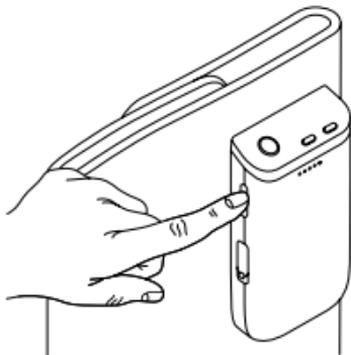
Plug in your Normatec Go with the provided Hyperice charger. Fully charge the battery for up to four hours before first use.



Start your session

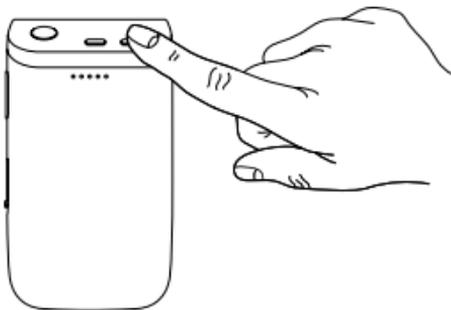
Powering up

Turn your Normatec Go ON by pressing the power (ON/OFF) button. Hold for one second until display and battery level indicator illuminates.



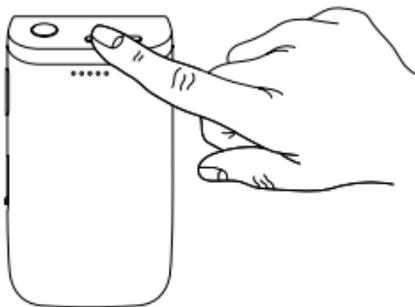
Adjusting pressure level

Choose your desired pressure by pressing once per level.
The number on the display adjacent to the button indicates the current level.



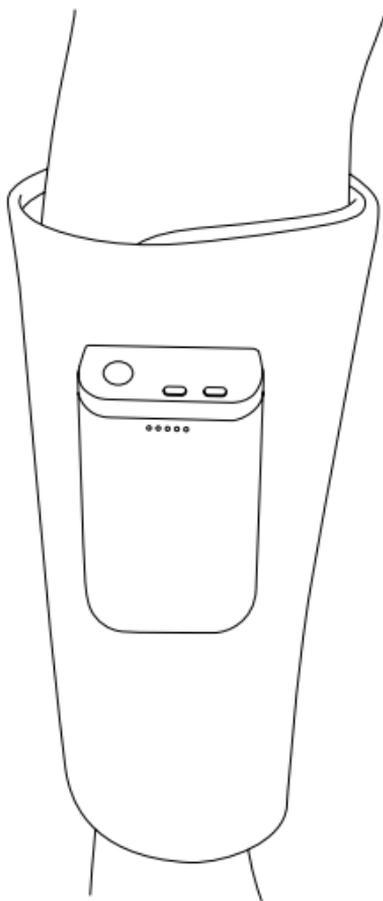
Adjusting treatment time

Choose your treatment time by pressing once per level
(increments of 15 minutes). The numbers on the display adjacent
to the button indicates the current setting.



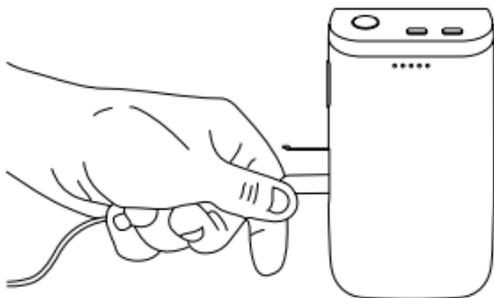
Putting on your Normatec Go

Normatec Go can be worn on bare skin or comfortable clothing. Position the wearable so the control unit is near the front of your shin, in a comfortable position. Ensure the device is snug, but not too tight.



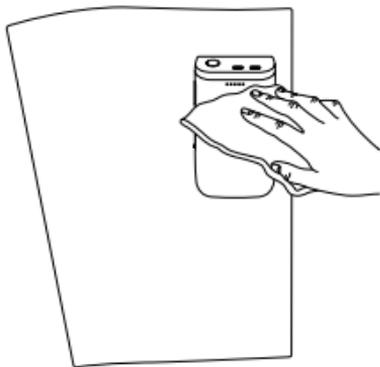
Recharging

Full charge is indicated when all five white battery status LEDs are illuminated and solid.



Caring for your Normatec Go

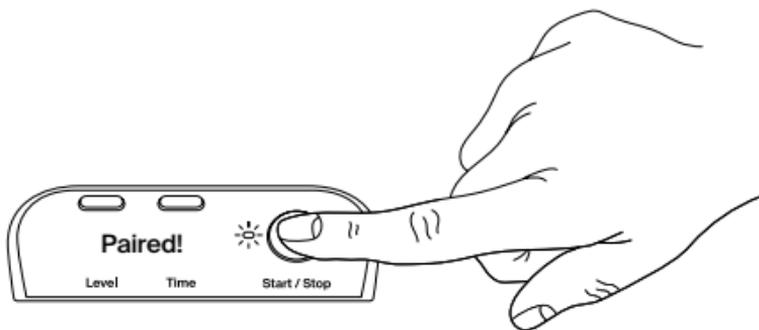
Make sure the power is OFF and the battery charger is not attached. Use a damp, clean cloth to gently wipe your device. Store in a clean, cool, dry place, out of direct sunlight, when not in use.



Using HyperSync™

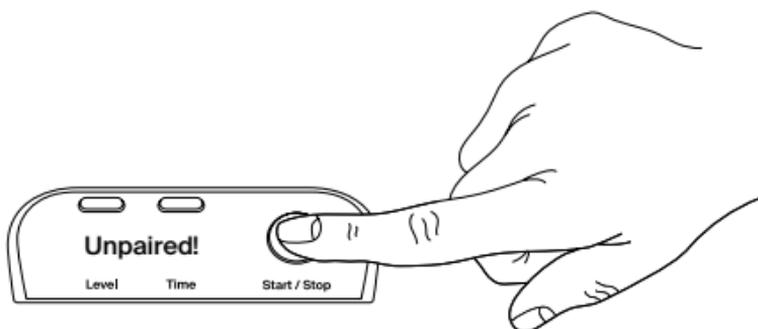
Pair devices

- 1 Turn on both devices by pressing and holding the power (ON/OFF) button.
- 2 Press and hold Start / Stop button on either control unit until the display screen says "Pairing!"
- 3 Press and hold the Start / Stop button on the other device until both devices say "Pairing!" and the HyperSync™ pairing indicator light is illuminated.



Unpair devices

Devices arrive paired, to unpair them press and hold the Start / Stop button on either device until the device screen reads "Unpaired!" and the HyperSync™ pairing indicator light is no longer illuminated.



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