

## QUICK SETUP GUIDE

# Bluetooth Over-the-ear Headphones

NS-CAHBTOE01 / NS-CAHBTOE01-C

## PACKAGE CONTENTS

- Bluetooth over-the-ear headphones
- USB charging cable
- 3.5 mm audio cable
- Quick Setup Guide

## FIND YOUR USER GUIDE ONLINE!

Go to [www.insigniaproducts.com](http://www.insigniaproducts.com), enter your model in the search box, then press **ENTER**. Next to *Features*, click **Support & Downloads**, then next to *User Guide*, click the language you want.

## FEATURES

- Comfortable foam earpads
- Volume control
- Listen to music and talk on the phone wirelessly
- Music playback: 10 hours
- Echo cancellation and noise suppression
- Voice prompts and easy pairing
- High quality sound



#	DESCRIPTION	FUNCTION
1	+ Volume Up	Press + to increase the volume.
2	🔊 (Power/Talk/Play/Pause/Pairing) button	Press to turn on your stereo headphones. If you receive a phone call, press to talk. Press to pair your headphones with a Bluetooth enabled device.
3	</> Next Track Previous Track	Press < to skip to the previous track/fast rewind. Press > to skip to the next track/fast forward.
4	- Volume Down	Press - to decrease the volume.
5	Indicator LED	Shows current status of the headphones.
6	Microphone	Allows you to talk on the telephone.
7	3.5 mm audio jack	Connect one end of the included audio cable to the headset's audio jack and the other end to the music devices headphone jack
8	Micro USB port	Plug the micro USB connector into this port to charge your headphones.

## BLUETOOTH BASIC INDICATION

## Bluetooth function indication

ACTION	OPERATION	LED INDICATION	SOUND
Power on	Press and hold 🔊 more than two seconds	Blue LED lights for 1.5 seconds	"power on"
Power off	Press and hold 🔊 more than three seconds	Red LED lights for 1.5 seconds	"power off"
Pairing mode	Press and hold 🔊 more than four seconds in power off mode	Blue and red LED blinking alternately	Two short beeps
Play/Pause	Press and release 🔊 button		
Volume Up/Down	Press and release + / - button		Two high beeps for maximum volume
Previous Track/Next Track	Press and release </> button		
Fast Rewind/Fast Forward	Press and hold </> button		
Incoming call		Blue LED blinks three times every five seconds when a call is received	Ring tone
Answer call	Press and release 🔊 when a call is incoming		One long beep
Reject call	Press and hold 🔊 when a call is incoming		Two long beeps
Redial	Double press 🔊		Two short beeps
Reset device list	Long press 🔊 button more than five seconds in power off mode	Red LED flashes 10 times	

## CHARGING YOUR STEREO HEADPHONES

- When the red indicator LED blinks three times every minute and the voice prompt says "battery low", the battery is low. To charge the battery, plug the charging cable into your computer and into the microUSB port on your headphones. The red LED turns on to indicate that the battery is charging and turns off when fully charged.

## USING WITH THE AUDIO CABLE

You can use your headset with non-Bluetooth enabled devices or on airplanes (in which the use of Bluetooth may be restricted) by taking advantage of the headset's audio jack. Corded operation does not require battery power for music listening. The microphone and the FullSound digital sound enhancement will not work via the audio cable.

**Note:** Finish your call before connecting the audio jack, as this will switch off battery power and cut an ongoing call.

## USING YOUR STEREO HEADPHONES

## Turning your stereo headphones on and off

- 1 Place the headphones on your head.
- 2 Press and hold the 🔊 button more than two seconds. The LED blinks blue (when turned on) or red (when turned off) and the voice prompt says "Power on" or "Power off".

## PAIRING YOUR STEREO HEADPHONES

### Notes:

- Range is 33 feet (10 meters)
- Supports easy pairing
- Prompts you by saying “**Your device is connected**,” when connected
- Supports a battery indicator icon on an iOS device

### Pairing with a cell phone or MP3 player

**1** With your stereo headphones turned off, press and hold  for four seconds. The blue and red LEDs blink alternately.

**2** On your phone or MP3 player, select **INSIGNIA NS-CAHBTOE01** from the list of discovered devices, then enter the password **0000** (four zeros) (if required) to pair your headphones.

For more information on pairing Bluetooth devices to your cell phone or MP3 player, see the device's documentation.

**Note:** After the headphones have been successfully paired with the cell phone or MP3 player, the headphones will automatically reconnect to the phone or MP3 player.

### Pairing with a computer running Windows

**Note:** Before you pair the headphones with the computer, make sure that the computer is equipped with Bluetooth. Refer to the computer's documentation or contact the computer manufacturer for more information. If your computer is not Bluetooth compatible, install a Bluetooth USB adapter (dongle).

**1** Turn on Bluetooth on the computer. For instructions, see the computer's documentation or contact the computer manufacturer.

**2** Double-click the **Bluetooth** icon in the system tray, then click **Add a device** (**Add Wireless Device** using Windows Vista).

**3** With the headphones turned off, press and hold , for four seconds. The LED blinks blue and red alternately. Pairing mode is activated.

**4** Double-click the **INSIGNIA NS-CAHBTOE01** icon on the computer or highlight the icon, then click **Next**.

**Note:** If you are unable to locate the **INSIGNIA NS-CAHBTOE01** icon, click the **Search Again** button.

**5** If required, enter **0000** (four zeros) in the **Bluetooth security code** field, then click **Next**.

**6** After the headphones have been paired, click **Close**.

**Note:** To make your headphone the default playback device, refer to the *User Guide*.

### Pairing with a Mac computer

**Note:** Before you pair the headphones with the computer, make sure that the computer is Bluetooth compatible. Refer to the computer's documentation or contact the computer manufacturer for more information. If your computer is not Bluetooth compatible, install a Bluetooth USB adapter (dongle).

**1** Turn on Bluetooth on the computer. For instructions, see the computer's documentation or contact the computer manufacturer.

**2** Click the **Bluetooth status** menu.

**3** Click **Set up Bluetooth Device**. The *Bluetooth Setup Assistant* opens.

**4** Click **Continue**.

**5** Select **Headset** as the device type, then click **Continue**.

**6** With the headphones turned off, press and hold , for four seconds. The LED blinks blue and red alternately. Pairing mode is activated.

**7** Select **INSIGNIA NS-CAHBTOE01**, then click **Continue**. The computer gathers information.

**8** Click **Continue**.

**9** Enter **0000** (four zeros) into the **Passkey** field, then click **Continue**.

**10** Click **Quit** to finish.

**Note:** To use the headphones, they must be selected as the default input and output device on the computer.

**11** Click **System Preferences**, then click **Sound**.

**12** Under **Input**, select **INSIGNIA NS-CAHBTOE01**, then under **Output**, select **INSIGNIA NS-CAHBTOE01**.

For more information on using your headphones with Skype, refer to your *User Guide*.

## RESETTING YOUR STEREO HEADPHONES

- To reset your headphones, with your stereo headphones turned off, press and hold the power button for five seconds. The LED blinks red ten times, indicating that your headphones have entered pairing mode.

## SPECIFICATIONS

<b>Bluetooth version:</b>	Bluetooth 4.1
<b>Supported profiles:</b>	A2DP, AVRCP, HFP, HSP
<b>Frequency spectrum:</b>	2.4 ~ 2.4835 GHz ISM Band
<b>Working distance:</b>	Up to 33 ft. (10 m)
<b>Operating temperature:</b>	23 ~ 122° F (-5 ~ 50° C)
<b>Operating time:</b>	Talk: 10 hours Music: 10 hours, playback music track
<b>Standby time:</b>	Up to 200 hours
<b>Size:</b>	6.3 × 2.9 × 7.1 inches (16.1 × 7.3 × 18.0 cm)
<b>Weight:</b>	6.42 oz (182 g)
<b>Average charging time:</b>	Two hours

## TROUBLESHOOTING

- Reset your BT headphone
- Plug in the micro USB cable for charging

## LEGAL NOTICES

### FCC statement:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

### FCC Caution:

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

### FCC Statement:

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television

reception, which can be determined by turning the equipment off and on, the user is encouraged to try and correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### RSS-Gen & RSS-247 Statement:

This device complies with Industry Canada licence-exempt RSS standard(s).

Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

### RSS-102 Statement

This equipment complies with Industry Canada radiation exposure limits set forth for an uncontrolled environment.

Cet équipement est conforme à l'exposition aux rayonnements Industrie Canada limites établies pour un environnement non contrôlé.

Operation of this device is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this equipment or device must accept any interference received, including interference that may cause undesired operation.

## ONE-YEAR LIMITED WARRANTY

Visit [www.insigniaproducts.com](http://www.insigniaproducts.com) for details.

## CONTACT INSIGNIA:

1-877-467-4289 (U.S. and Canada) or 01-800-926-3000 (Mexico)

[www.insigniaproducts.com](http://www.insigniaproducts.com)

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