Hyperice X Offline Mode

Use the below instructions to operate Hyperice X manually.

Step 1

Press ON/OFF button to activate device. You should see the green light pulse, signifying standby mode.

Step 2

Once device is turned on, hold ON/OFF button for 2 seconds to enter offline mode. You should see a blue light (defaults to cold).

Step 3

Quickly press ON/OFF button to cycle through modes:

Cold - 15 min @ the max setting Hot - 15 min @ the medium setting Contrast - 20 min (alternates cold/hot for 5 mins each)

Once mode is selected, device will start automatically after 2 seconds.

Low battery/error

Status light flashes yellow



