

Lenovo

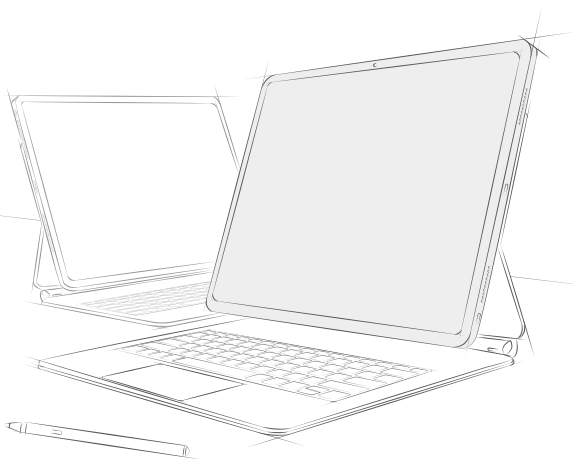


Tab Extreme

QUICK START GUIDE

TB570ZU/TB570FU

Lenovo





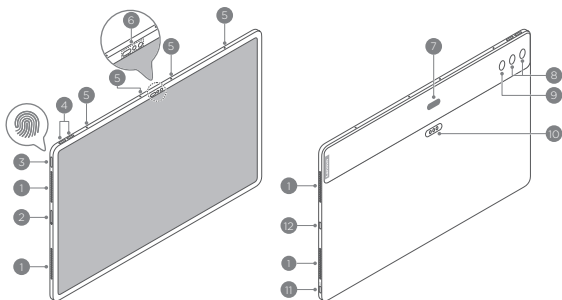
GET STARTED



- Read this guide carefully before using your device.
- All pictures and illustrations in this guide are for your reference only. The actual product may vary.



OVERVIEW



- | | | |
|------------------------------------|--|---|
| 1 Speakers | 2 Card tray | 3 Power button/
Fingerprint sensor |
| 4 Volume buttons | 5 Microphones | 6 Front camera/
Sensors |
| 7 Precision Pen 3
charging area | 8 Dual rear cameras | 9 Flashlight |
| 10 Smart connector | 11 USB-C 2.0
connector (DP in
supported) | 12 USB-C 3.2 Gen 1
connector (DP out
supported) |

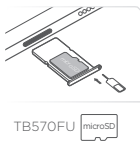


Connector 11 and connector 12 both support charging and connecting earphones.



INSTALLING CARDS

Power off the device before inserting or removing a card.



If you're using a third-party SIM, contact your carrier for more details.



HELP AND MORE

To get more information and download the User Guide, go to <https://support.lenovo.com>.



EUROPEAN UNION (EU) / UNITED KINGDOM (UK) COMPLIANCE STATEMENT



Lenovo (Singapore) Pte. Ltd declares that the radio equipment type: TB570ZU, TB570FU is in compliance with EU Radio Equipment Directive 2014/53/EU.

Lenovo (Slovakia) Ltd declares that the radio equipment type: TB570ZU, TB570FU is in compliance with UK Radio Equipment Regulation SI 2017 No. 1206.

The full text of the system declarations of conformity are available at :

<https://www.lenovo.com/us/en/compliance/eu-doc> for EU and

<https://www.lenovo.com/us/en/compliance/uk-doc> for UK.

This radio equipment operates with the following frequency bands and maximum radio-frequency power:

Model Name	Frequency Bands	Maximum Power (dBm)
TB570FU	WLAN 2400 - 2483.5 MHz	< 20
	WLAN 5150 - 5250 MHz	< 23
	WLAN 5250 - 5350 MHz	< 20
	WLAN 5470 - 5725 MHz	< 20
	WLAN 5725 - 5850 MHz	< 14
	WLAN 5925 - 6425 MHz	< 23
	Bluetooth 2400 - 2483.5 MHz	< 10
	13.56 MHz	-38.01 dBuA/m@10m

Model Name	Frequency Bands	Maximum Power (dBm)
TB570ZU	GSM 900	33.5
	GSM 1800	30.5
	WCDMA B1/B5/B8	24
	LTE B1/3/5/7/8/20/28/38/40/41	24
	5G NR n1/3/5/7/8/20/28/38/40/41/77/78	24
	WLAN 2400 - 2483.5	< 20
	WLAN 5150 - 5250	< 23
	WLAN 5250 - 5350	< 20
	WLAN 5470 - 5725	< 20
	WLAN 5725 - 5850	< 14
	WLAN 5925 - 6425	< 23
	Bluetooth 2400 - 2483.5	< 10
	13.56 MHz	-34.44 dBuA/m@10m

Restrictions of use:

Usage of TB570FU is limited to indoor in the band 5150 to 5350 MHz and 5925 to 6425 MHz.

Usage of TB570ZU is limited to indoor in the band 5250 to 5350 MHz and 5925 to 6425 MHz.

	AT	BE	BG	CH	CY	CZ	DE	DK	EE	EL	ES	FI
	FR	HR	HU	IE	IS	IT	LI	LT	LU	LV	MT	NL
	NO	PL	PT	RO	SE	SI	SK	TR	UK (NI)	UK		



SPECIFIC ABSORPTION RATE INFORMATION

THE DEVICE MEETS INTERNATIONAL GUIDELINES FOR EXPOSURE TO RADIO WAVES.

The device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves (radio frequency electromagnetic fields) recommended by international guidelines. The guidelines were developed by an independent scientific organization (ICNIRP) and include a substantial safety margin designed to assure the safety of all persons, regardless of age and health. The radio wave exposure guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR.

Tests for SAR are conducted using standard operating positions with the device transmitting at its highest certified power level in all tested frequency bands. The highest SAR values under the ICNIRP guidelines for your device model are listed below:

Maximum SAR for this model and conditions under which it was recorded.				
EU/UK 10g SAR Limit (2.0 W/kg)	TB570FU	Body-worn (0 mm)	WLAN, Bluetooth	1.590 W/kg
EU/UK 10g SAR Limit (4.0 W/kg)		Limb (0 mm)	WLAN, Bluetooth	1.590 W/kg
Europe 10g SAR Limit (2.0 W/kg)	TB570ZU	Body (0 mm)	GSM, WCDMA, LTE, 5G NR, WLAN, Bluetooth	1.542 W/kg
Europe 10g SAR Limit (4.0 W/kg)		Limb (0 mm)	GSM, WCDMA, LTE, 5G NR, WLAN, Bluetooth	1.542 W/kg

ⓘ The above information is for EU countries and UK. Please refer to the actual product for supported frequency bands in other countries.

During use, the actual SAR values for your device are usually well below the values stated. This is because, for purposes of system efficiency and to minimize interference on the network, the operating power of the device is automatically decreased when full power is not needed for the data connection. The lower the power output of the device, the lower its SAR value. If you are interested in further reducing your RF exposure then you can easily do so by limiting your usage or simply using a hands-free kit to keep the device away from the body.



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