

ProSense™ 57



GPS Watch

Running

GPS running watch with wrist-based heart rate and easy activity tracking.

Built-in GPS — RouteSense™ GPS technology accurately tracks your route, distance, pace and more

Wrist-based heart rate monitor — highly accurate and convenient CardioSense™ HR technology

Easy-to-use menu — easily navigate via 5 simple buttons

Long GPS battery life — up to 10 hours with GPS on

All-day activity tracking — track steps, heart rate, calories and sleep

Automatically uploads your data to the Epson View App¹ — customize your goals and settings, including workout screens

Smart notifications and music control¹ — conveniently receive alerts on your watch, and control your playlist

Stylish, lightweight design; robust and water resistant — comfortable fit designed for performance

Built-in training features — vibration alerts to manage pace, distance, interval training and more; includes stopwatch

Supports popular running apps — automatically upload data to Runkeeper, Strava™ and others

Specifications

GPS and HR: Up to 10 hours
GPS: Up to 13 hours
2 days activity tracking, 30 days Watch Mode
Size 2.2" x 1.8" x 0.6" (55.7 x 45.0 x 14.7 mm)
Weight 0.2 lb (0.1 kg)
Lens Material Plastic
Band Urethane
Display Type LCD
Display Size 1.1"
Display Resolution 128 x 128 pixels
Water Resistance 5 ATM
Battery Type Rechargeable lithium ion
Sensors GPS, integrated heart rate sensor, 3-axis accelerometer
Memory/History Up to the lesser of 64 workouts or 2,000 laps
Backlight Yes
Alerts Vibration
Languages English, French, Japanese, Chinese

Clock

Features Time/date, alarm clock, stopwatch
Watch Faces Digital

Smart Features

Smartphone Compatibility iPhone®, Android™
Connectivity Bluetooth® Smart
Other Smart notifications¹, music controls¹

Activity Tracking

Features Step counter, calories burned, sleep monitoring

Running Features

Basic Metrics Distance, time, pace, speed, calories
Advanced Metrics Stride length, cadence, training effect, VO₂ max, race time estimates
Training Intervals, race mode, heart rate zones, customizable workout displays
Auto Pause Yes
Lap Manual and auto

Other Features

Sport Modes Walking, Treadmill

General

What's in the Box ProSense 57 GPS Running Watch, USB Charging Clip, Quick Start Guide
Country of Origin China
Warranty 1 year

Eco Features

RoHS compliant
Recyclable product²
Epson America, Inc. is a SmartWay® Transport Partner³

Ordering Information

ProSense 57 GPS Running Watch (Black)	
E11E222012	010343 93867 0
ProSense 57 GPS Running Watch (Kale Green)	
E11E222022	010343 93868 7
ProSense 57 GPS Running Watch (Red)	
E11E222042	010343 93869 4
USB Charging Clip	
E12E220202	010343 93870 0

¹ When paired, via Bluetooth, with a smart device (iOS® and Android). | ² See our website for convenient and reasonable recycling options at www.epson.com/recycle | ³ SmartWay is an innovative partnership of the U.S. Environmental Protection Agency that reduces greenhouse gases and other air pollutants and improves fuel efficiency.

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