



**Brookstone®**

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n-a-p® Shiatsu Bed Rest

SOOTHING LUMBAR MASSAGE

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## CAUTION

- TO REDUCE THE RISK OF ELECTRIC SHOCK, DO NOT REMOVE COVER.  
THERE ARE NO SERVICEABLE PARTS INSIDE.
- TO REDUCE THE RISK OF FIRE OR ELECTRIC SHOCK, DO NOT EXPOSE THIS UNIT TO RAIN OR MOISTURE.



The lightning flash with arrow-head symbol within an equilateral triangle is intended to alert the user to the presence of uninsulated “dangerous voltage” within the unit’s enclosure that may be of sufficient magnitude to constitute a risk of electric shock.



The exclamation point within an equilateral triangle is intended to alert the user to the presence of important operating and maintenance (servicing) instructions in the literature accompanying the unit.

## IMPORTANT SAFETY INSTRUCTIONS

All of the safety and operating instructions should be read, adhered to and followed before the unit is operated.

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## SAFETY AND HANDLING INFORMATION

For maximum product life, do not drop, throw, or crush the Shiatsu Bed Rest. Do not expose it to humidity, dust, or operating temperatures outside 32°F to 113°F (0°C to 45°C).

## SAVE THESE INSTRUCTIONS!

### DANGER

To reduce the risk of electric shock, burns, fire or injury:

1. Always unplug the unit from the electrical outlet immediately after use.
2. Do not use while bathing or in a shower.
3. Do not place or store unit where it can fall or be pulled into a tub or sink.
4. Do not place in, drop or submerge in water or other liquid.
5. Do not reach for unit that has fallen into water. Unplug it immediately.
6. Care should be taken so that objects do not fall and liquids are not spilled onto the unit.

7. Never use pins or other metallic fasteners with this appliance.
8. Carefully examine the covering before each use. Discard the appliance if there are any signs of deterioration such as cracking or blistering.
9. Keep dry—do not operate in a wet or moist environment.

For adult use only. Do not use massager in close proximity to loose clothing or jewelry. Keep long hair away from massager while in use.

### WARNING

1. Close supervision is necessary when this appliance/product is used by, on or near children, invalids or disabled individuals.
2. An appliance should never be left unattended while plugged in. Unplug when not in use.
3. Use this unit only for its intended use as described in this manual. Do not use attachments not recommended by manufacturer.
4. Unplug this unit during lightning storms.
5. Never drop or insert an object into any opening.
6. Protect the power cord from being walked on or pinched, particularly at plug outlets, convenience receptacles and the point where it exits the unit.
7. Keep cord away from heated surfaces. Wrap cord loosely around the unit when storing.
8. Do not operate under blanket or pillow. Excessive heating can occur and cause electric shock or injury to persons.

9. **IMPORTANT:** Any individual who may: be pregnant, or recently gave birth, has a heart condition, or a pacemaker, suffers from diabetes or other sensory impairment, phlebitis and/or thrombosis, joint dysfunction, inflammation or injuries, weak bones, osteoporosis, a high fever, an abnormal or curved spine, is at an increased risk of developing blood clots, has pins/screws/artificial joints or other medical devices implanted in his/her body, is being treated for a medical condition or physical injury or is under a doctors care should consult with a medical professional before using a massaging device designed for home use.
10. Do not use massager in close proximity to loose clothing or jewelry.
11. Keep long hair away from massager while in use.
12. Do not use on an infant or invalid or on a sleeping or unconscious person.
13. Do not use on insensitive skin or on a person with poor blood circulation.
14. The unit should be situated away from direct sunlight or heat sources such as radiators, electric heaters, heat registers, stoves, or other units.
15. Never block the air openings of the unit with materials such as clothing, plastic bags or papers, or place it on a soft surface such as a bed, where the air openings may be blocked.
16. Do not overload electrical outlet. Use only the power source as indicated.
17. Do not carry this unit by cord or use cord as handle.
18. Do not crush—avoid sharp folds.
19. Never operate this unit if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged, or dropped into water. If the unit's power supply cord or plug is damaged, do not attempt to fix it yourself.
20. To avoid the risk of electric shock, do not disassemble or attempt to repair the

unit. Incorrect repair can cause risk of electric shock or injury to persons when unit is used.

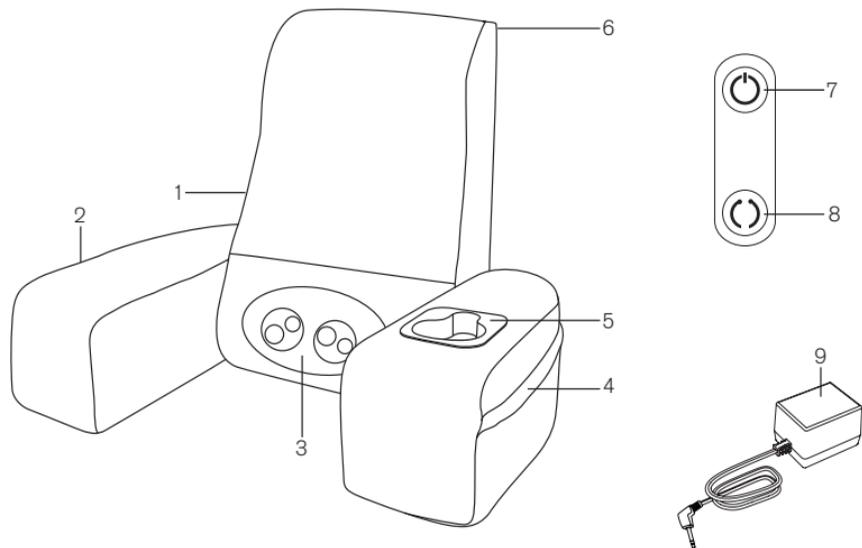
21. Do not use this unit outdoors.
22. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
23. Do not operate in the presence of explosive and/or flammable fumes.
24. Never remove the plug from the socket by pulling the power cord.
25. To disconnect, ensure all controls are off and remove the plug from the electrical outlet.

## SPECIFICATIONS

Power Supply (Output) .....	100-240V 50/60Hz 0.7A
Power Supply (Input) .....	12.0V 1.6A
Weight .....	Approximately 7.6 lbs
Dimensions .....	27" w x 25" d x 25" h (when open)

## LOCATION OF PARTS AND CONTROLS

1. DC Jack
2. Control Panel
3. Shiatsu Massage Nodes (4)
4. Pocket (2)
5. Cup Holder
6. Padded Flap
7. Power Button
8. Forward/Reverse Button
9. DC adapter



## SHIATSU MASSAGER OPERATION

1. Press the POWER BUTTON to turn the shiatsu massage on.
2. Press the FORWARD/REVERSE BUTTON to change the shiatsu massage nodes direction.
3. Press the POWER BUTTON to turn the shiatsu massage off.

**Note:** The shiatsu massage will automatically shut off after 20 minutes of operation.

## USING THE PADDED FLAP

Use the PADDED FLAP to cover the massage nodes for a less intense massage or to cover the massage nodes when not in use.

Use the PADDED FLAP as a pillow headrest by positioning in back of head and neck area when massage nodes are in use.

## STORING THE SHIATSU BED REST

1. Push the Back Rest down until it is flush with the Arm Rests.
2. Secure the PADDED FLAP with button and loop.
3. Store in a cool, dry place.

## CARE AND MAINTENANCE

Unplug and spot clean soiled surface with a soft, damp cloth.

## ONE (1) YEAR LIMITED WARRANTY

Brookstone® warrants this product against defects in materials and/or workmanship under normal use for a period of ONE (1) YEAR from the date of purchase by the original purchaser ("Warranty Period"). If a defect arises and a valid claim is received within the Warranty Period, at its option, Brookstone will either 1) repair the defect at no charge, using new or refurbished replacement parts, or 2) replace the product with a new product that is at least functionally equivalent to the original product, or 3) provide a store credit in the amount of the purchase price of the original product. A replacement product or part, including a user-installable part installed in accordance with instructions provided by Brookstone, assumes the remaining warranty of the original product. When a product or part is exchanged, any replacement item becomes your property and the replaced item becomes Brookstone's property. When a store credit is given, the original product must be returned to Brookstone and becomes Brookstone's property.

**Obtaining Service:** To obtain warranty service, call Brookstone Limited Warranty Service at 1-800-292-9819. Please be prepared to describe the product that needs service and the nature of the problem. A purchase receipt is required. All repairs and replacements must be authorized in advance. Service options, parts availability and response times will vary. You are responsible for delivery and the cost of delivery of the product or any parts to the authorized service center for replacement, per our instructions.

**Limits and Exclusions:** Coverage under this Limited Warranty is limited to the United States of America, including the District of Columbia and the U.S. Territories of Guam, Puerto Rico, and the U.S. Virgin Islands. This Limited Warranty applies only to products manufactured for Brookstone that can be identified by the "Brookstone" trademark, trade name, or logo affixed to them or their packaging. The Limited Warranty does not apply to any non-Brookstone products. Manufacturers or

suppliers other than Brookstone may provide their own warranties to the purchaser, but Brookstone, in so far as permitted by law, provides these products "as is." This warranty does not apply to: a) damage caused by failure to follow instructions relating to product's use or the installation of components; b) damage caused by accident, abuse, misuse, fire, floods, earthquake or other external causes; c) damage caused by service performed by anyone who is not a representative of Brookstone; d) accessories used in conjunction with a covered product; e) a product or part that has been modified to alter functionality or capability; f) items intended to be periodically replaced by the purchaser during the normal life of the product including, without limitation, batteries or light bulbs; g) any product sold "as is" including, without limitation, floor demonstration models and refurbished items; or h) a product that is used commercially or for a commercial purpose.

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