# SAMSUNG

# User manual

# Galaxy Watch

# Table of contents

# Special features

## Work out in the water

Use Water lock mode when you exercise in the water. See Water lock mode on page 30.

## Water and dust resistances

This device is rated 5ATM, and passed military specification (MIL-STD-810G) testing. See Maintaining water and dust resistance on page 100.

# Getting started

# Front and back views
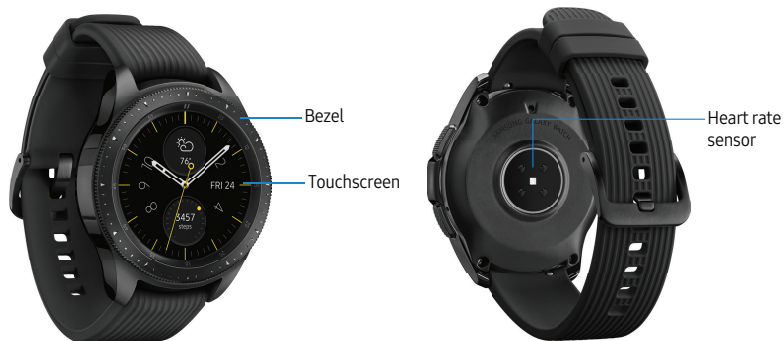


Bezel

Touchscreen

Heart rate sensor

Devices and software are constantly evolving — the illustrations you see here are for reference only.

# Assemble your device

Learn about your mobile device hardware, assembly procedures, and how to get started using your new device.

## Charge the battery

Your device is powered by a rechargeable Li-Ion battery.

**Warning**: Do not disassemble, modify, or repair your device. Placing objects, such as magnetic stripe cards, including credit cards, phone cards, passbooks, and boarding passes, next to the device or charger may cause damage from the charger or device's magnetic field.

The battery comes partially charged. You can use the device while charging.

1. Insert the USB cable into the USB charger port.

2. Connect the USB cable to the charging head, and then plug the charging head into a standard outlet.

3. Place the Watch onto the wireless charger dock.

**Caution**: Use only charging devices that are approved by Samsung. Samsung accessories are designed for your device to maximize battery life. Using other accessories may void your warranty and may cause damage.

While charging, the device and the charger may become hot. This does not affect the device's lifespan or performance and is in the device's normal range of operation.

The charger may stop charging if the battery becomes too hot.

If the device heats up while charging the battery:

1. Disconnect the charger from the device and close any running apps.
2. Wait for the device to cool down and then begin charging the device again.

**Note**: Prevent the USB charger port and the small end of the charger from coming into contact with conductive materials, such as liquids, dust, metal powders, and pencil leads.

### Check the charge status

When you connect the Watch and the wireless charger dock, the wireless charger dock's LED indicator flashes certain colors to indicate the battery level.

- **Red** > **Green** > **Orange**: Standby mode
- **Red**: Charging.
- **Green**: Fully charged
- **Orange**: Connected to a low-charger head

**Note**: When a wireless charger dock error occurs, the LED indicator flashes red. Disconnect the Watch from the wireless charger dock, and then reconnect. If the error occurs again, contact a Samsung Service Center for service support.

# Wear the Watch

Wear the Watch firmly around your lower arm just above your wrist as shown below. Do not fasten the Watch too tightly.

1. Open the buckle and place the strap around your wrist.

2. Fit the strap to your wrist, insert the pin into an adjustment hole, and then secure the buckle to close it.

**Warning**: If you feel discomfort while using the device, stop using it. If your device becomes hot, please remove it until it cools.
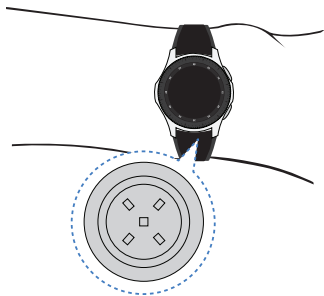
## Strap tips and precautions

- Some people may experience discomfort when wearing the Watch for prolonged periods.

- If you have sensitive skin or fasten the Watch too tightly, you may feel some discomfort.

- Do not expose the straps to very wet conditions. Wet straps can cause skin irritations. Dry the straps first. If you experience skin irritation when wearing the device, stop wearing the device and consult a physician.

## Replace the strap

Detach the strap from the Watch to replace it with a new one.

To remove the strap:

▶ Slide the strap's spring bar inwards and pull the strap away from the Watch.

To replace the strap:

▶ Insert one end of the spring bar into the lug, slide the spring bar inwards, and connect the new strap.

# Start using your device

The instructions below explain how to turn your device on or off.

To turn the device on:

▶ Press and hold the **Power** button until the device turns on.

To turn the device off:

1. Press and hold the **Power** button.

2. Tap **Power off**.

# Lock or unlock your device

Use the screen lock features to secure your device. Your Watch locks when you remove it from your wrist or when the screen times out while you are wearing it.

To unlock the Watch:

▶ Press the **Power** button or **Back** button.

The default Screen lock on your device is None. To choose a secure screen lock, see

# Galaxy Wearable app

To connect your Watch to a smartphone, install the Galaxy Wearable app on the smartphone. You can download the app from Galaxy Apps, or the Google Play™ store.

Compatible with select devices using Android 5.0 and later, with at least 1.5 GB RAM. Supported devices may vary by carrier and device. Some features may not be available. For best results, connect with compatible Samsung Galaxy devices. For a list of compatible smartphones, please visit samsung.com/us/support/owners/app/galaxy-wearable-watch.

## Connect the Watch to a smartphone

Turn on the Watch.

1.  From the Apps screen of the smartphone, tap  **Galaxy Wearable**.

2.  If necessary, update the app to the latest version.

3.  Tap **Start the Journey**, and follow the prompts to select your device.

4.  When the Bluetooth® pairing request window is displayed, confirm the passkeys displayed on your Watch and smartphone match, and then tap **OK**.

5.  Follow the prompts to complete the connection.

When the devices are connected, a tutorial is displayed on the Watch's screen. Follow the prompts to learn basic controls.

## Connect the Watch to a new smartphone

When you connect the Watch to another smartphone, the Watch automatically resets and all data is removed from its memory. Make sure you back up any important data stored on your Watch.

Back up your Watch's data on your smartphone as follows:

1. From the Apps screen of the smartphone, tap **Galaxy Wearable** > **Settings** tab.

2. Tap **About watch** > **Back up and restore** > **Back up settings**.

## Remote connection

Set the Watch to remotely connect to the smartphone when a Bluetooth connection between the devices is not available. With this connection, you can still receive notifications from your smartphone.

To enable or disable this feature:

1. From the Apps screen of the smartphone, tap **Galaxy Wearable** > **Settings** tab.

2. Tap **Watch connection** > **Remote connection**.

**Note**: You must connect the Watch to Wi-Fi and sign in to your Samsung account on the smartphone to enable this feature.

## Disconnect

1. From the Apps screen of the smartphone, tap
   **Galaxy Wearable**.

2. Tap **More options** > **Disconnect**, and then confirm
   when prompted. The Watch disconnects from
   your smartphone.

# Navigation

Please note that a touchscreen responds best to a
light touch from the pad of your finger or a
capacitive stylus. Using excessive force or a metallic
object on the touchscreen may damage the tempered
glass surface and void the warranty.

## Tap

Lightly tap the screen to launch an app, select a
menu item, or press a button.

## Double-tap

Lightly tap an image twice to zoom in and out.

## Touch and hold

Touch and hold items to access edit mode or view
available options.

## Swipe

Lightly drag your finger vertically or horizontally
across the screen to view panels.

## Drag

Touch and hold an item, and then move it to a new
location.

# Watch screen

Rotate the bezel left to view notifications and right to view widgets.



# Change the watch face

From the Watch:

1. Touch and hold the Watch screen, and then rotate the bezel to view available watch faces.

   - You can add more watch faces by rotating to Apps and tapping **Galaxy Apps**.

2. Touch and hold the watch face to select it.

   - You can customize the watch face by tapping **Customize**.

From the smartphone:

1. From the Apps screen of the smartphone, tap  **Galaxy Wearable** > **Watch faces** tab.

2. Tap a desired watch face. The watch face you selected is applied on the Watch screen.

3. Tap  **Customize** to select a background and items to display on the watch face.

## Widgets

You can add widgets to the Home screens. Widgets are small apps that offer limited functionality to provide information and convenient access.

### Add Widgets

To add more widgets on the Home screen:

1. Rotate the bezel to the end of the Widget screens, and tap **Add widget**.

2. Select a widget.

The selected widget is displayed in a new panel.

### Move Widgets

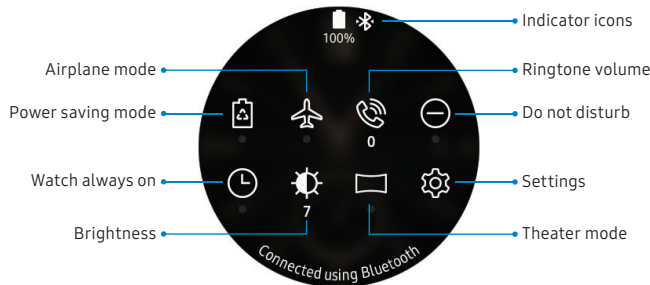▶ Touch and hold a widget and then drag it to the desired location.

### Remove Widgets

▶ Touch and hold a widget, and then tap **Delete**.

# Status panel

To open the Status panel:

▶ On the Watch screen, swipe down from the top of the screen.

Indicator icons

Airplane mode

Power saving mode

Ringtone volume

Do not disturb

Watch always on

Brightness

Settings

Theater mode

100%

0

7

Connected using Bluetooth

Devices and software are constantly evolving — the illustrations you see here are for reference only.

## Status Bar

Indicator icons display at the top of the screen in the Status bar.

**Indicator icons**

- Battery full

- Bluetooth connected

- Bluetooth enabled but not connected

- Bluetooth headset connected

- Wi-Fi connected

### Power saving

Activate power saving mode to save battery power by limiting the Watch's functions.

1. On the Watch screen, swipe down from the top of the screen to open the status panel.

2. Tap **Power saving**, and then tap ✓ **Ok** to confirm.

### Airplane mode

Airplane mode disconnects your device from all networks and turns off connectivity features, such as Bluetooth and Wi-Fi.

1. On the Watch screen, swipe down from the top of the screen to open the status panel.

2. Tap **Airplane mode**, and then tap ✓ **Ok** to confirm.

### Do not disturb mode

You can set the Watch not to vibrate and turn off the screen when a notification, except for alarms, is received.

1. On the Watch screen, swipe down from the top of the screen to open the status panel.

2. Tap **Do not disturb**, and select a length of time.

3. Tap ✓ **Ok** to confirm.

### Watch Always On

Set the Watch to display a watch when the screen is turned off.

1. On the Watch screen, swipe down from the top of the screen to open the status panel.

2. Tap **Watch always on**, and then tap ✓ **Ok** to confirm.

### Adjust the brightness

You can adjust the Watch's display brightness to suit the environment.

1. On the Watch screen, swipe down from the top of the screen to open the status panel.

2. Tap **Brightness** and adjust the level by rotating the bezel.

### Play music

You can play music saved on the Watch or smartphone. For more information, see Music app on page 60.

1.  On the Watch screen, swipe down from the top of the screen to open the status panel.
2.  Tap **Music** to open the Music Player app.

### Customize Quick settings

Manage the Quick settings that appear on the Status panel.

1.  From the Apps screen, rotate the bezel and tap ⚙ **Settings**.
2.  Tap **Advanced** > **Edit quick settings**.

    •   Tap ⊖ **Remove** to remove a quick setting.
    •   Tap ⊕ **Add** to select a new quick setting.

3.  Touch and hold, and then drag a quick setting to change its order.

# Notifications

Stay up to date with events, notifications, and messages from your smartphone.

When you receive a notification, information about the notification, such as its type, is displayed on the screen while the Watch is vibrating.

1. Rotate the bezel left.

2. Tap the notification screen to view details.

## View the notifications list

To view a list of notifications from the same app:

1. From the Watch screen, rotate the bezel left to view notifications.

2. Tap the number at the bottom of the notification.

## Clear all notifications

To clear all notifications:

1. From the Watch screen, rotate the bezel left to view notifications.

2. Rotate the bezel to the end of the notifications screens, and then tap **Clear all**.

## Block notifications

To block notifications from an app:

1. From the Watch screen, rotate the bezel left to view notifications.

2. Tap a notification from the app that you want to block.

3. Tap the notification to view the details.

4. Tap ⋮ **More options** > ⊘ **Block notifications**.

## Notification settings

Change settings for the notification feature.

1. From the Apps screen of the smartphone, tap
   (Wear) **Galaxy Wearable** > **Settings** tab >
   **Notifications**.

2. Tap **On/Off** to activate it, and then tap to select
   items:

   • **Manage notifications**: Select apps on the
     smartphone to send notifications to the
     Watch.

   • **Show only while wearing watch**: Show
     notifications on your Watch only while it is
     being worn.

   • **Mute connected phone**: Mute notifications on
     your phone while receiving them on your
     Watch.

   • **Auto show details**: Set the Watch to show
     details for notifications when they are
     received.

   • **Notification indicator**: Show an indicator the
     watch face when there are unread
     notifications.

   • **Turn on screen**: Set the Watch to turn on the
     screen when the notification is received.

   • **Show while using phone**: Show notifications
     from your phone on your Watch while you are
     using your phone.

   • **Smart relay**: Set the smartphone to display
     notification information from the Watch when
     you pick up the smartphone.

# Enter text

Text can be entered by speaking or by using a keyboard.

A text input screen is displayed automatically when you are able to enter text. Select an emoji or text template to enter a message. You can also use voice input or the keyboard to type texts.

## Default keyboard

Select a default keyboard type for text input.

1. From the Apps screen, rotate the bezel and tap **Settings**.

2. Tap **General** > **Input** > **Default keyboard** and select your default keyboard.

## Voice input

To use Voice input:

▶ Tap 🎤 **Voice input** and speak the message you want to enter. Tap **Send** when you are finished.

- Tap ⋮ **More options** > **Input languages** to change the language. Voice input is not supported in some languages.
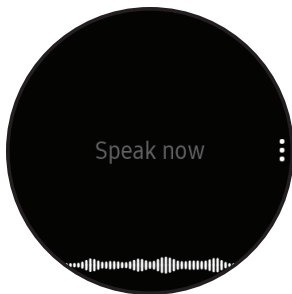
## Emojis

You can add emojis to your message.

1. Tap 😊 **Emojis**, and select an emoji to include in your message.

2. To draw an image, tap **Doodle**.
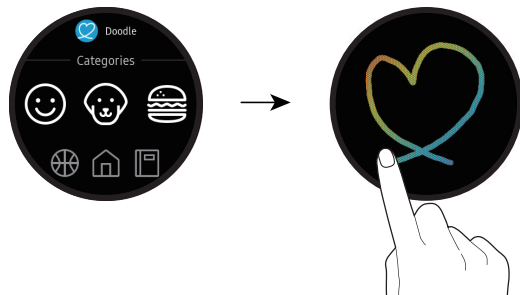
## Keyboard

Use the keyboard to enter your message. You can rotate the bezel to different input modes.

### Handwriting mode

▶ Tap 🔴 **Keyboard**, and then use your finger to write text.
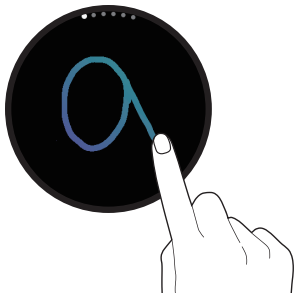
### Enter characters

To enter characters:

1. Tap 🔴 **Keyboard**, and then rotate the bezel to character mode.

2. Tap the corresponding key repeatedly until the desired character is displayed.

   • Rotate the bezel for numbers, punctuation, emojis, or voice input.

## Keyboard settings

Change the Samsung keyboard settings.

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **General** > **Input** > **Keyboard settings** and tap
   options to customize:

   • **English (US)**: Choose the keyboard layout.

   • **Select input languages**: Select languages for
   text input.

   • **Check for updates**: Set the Watch to check for
   and download the latest version of the
   Samsung keyboard.

   • **Handwriting**: Enable handwriting mode.

   • **Smart typing**:

     – **Predictive text**: Activate predictive text
     mode to predict English words based on
     your input and display word suggestions.

   – **Auto capitalize**: Set the Watch to
   automatically capitalize the first character
   after a final punctuation mark, such as a
   period, question mark, or exclamation
   mark.

   – **Auto punctuate**: Set the Watch to insert a
   period when you double-tap the space bar.

   • **Key-tap feedback**:

     – **Sound**: Set the Watch to play a sound when
     you tap a key.

     – **Vibration**: Set the Watch to vibrate when
     you tap a key.

   • **Reset keyboard settings**: Reset the Samsung
   keyboard settings.

   • **Clear personalized data**: Clear word
   predictions and other data.

# Water lock mode

You can use Water lock mode to exercise in the water. While in Water lock mode the following features will be turned off:

- Touchscreen
- Wake-up gestures
- Watch always on

1. From the Apps screen, rotate the bezel and tap 🔅 **Settings**.

2. Tap **Advanced** > **Water lock mode**.

3. Tap **On/Off** to enable, and tap ✓ **OK** to confirm.

## Exit water lock mode

▶ Press and hold the Home button to turn off the mode.

## Eject water

You can use the eject water features to help clear out water from your Watch.

▶ 1. From the Apps screen, rotate the bezel and tap 🔅 **Settings**.

   2. Tap **Advanced** > **Water lock mode**.

   3. Tap **Eject water** to make sounds to help eject water from the speaker.

# Theater mode

You can use Theater mode to silence your Watch during a movie. This will keep the screen off and the Watch silent.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Advanced** > **Theater mode**.

3. Tap **On/Off** to enable.

   • When enabled the theater mode symbol will display at the top of the screen.

# Goodnight mode

Goodnight mutes all alerts, except for alarms and system sounds. This keeps the screen off and the Watch silent while you sleep.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Advanced** > **Goodnight mode**.

3. Tap **On/Off** to enable.

   • When enabled the night mode symbol is displayed at the top of the screen.

# Apps

# Using apps

The Apps list displays all preloaded and downloaded apps. You can uninstall, disable, or hide apps from view.

## Access apps

The Apps screen displays icons for all apps.

1. From the Watch screen, press the **Home** button to go to the Apps screen.

2. To view other panels, rotate the bezel or swipe the screen to the left or right.

## Open apps

▶ On the Apps screen, tap an app icon to open the app.

# Auto open apps

Set an app to launch by rotating the bezel without tapping the app. When the bezel indicator icon hovers over an app, the app will be launched automatically.

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **Apps** > **Auto open apps**.

3. Tap **OK**.

## Recent apps

▶ From the Apps screen, rotate the bezel and tap **Recent apps**.

# Sort apps

Choose how to arrange the apps on the Apps screen.

1. From the Apps screen, rotate the bezel and tap
   ⚙️ **Settings**.

2. Tap **Apps** > **App order**, and choose an option:

   • **Most recent first**: Recently used apps to
     appear first.

   • **Custom**: Arrange the apps to your preference.

     – From the Apps screen, touch and hold
       an app, and then drag it to the desired
       location.

# App permissions

Configure permissions for each installed app.

1. From the Apps screen, rotate the bezel and tap
   ⚙️ **Settings**.

2. Tap **Apps** > **Permissions**.

3. Tap an app to view its permissions. Tap each
   feature to enable or disable permission to access
   or use the feature.

## Hide apps

You can hide apps that you do not want to see on your Watch.

1. From the Apps screen of the smartphone, tap
   👑 **Galaxy Wearable**.

2. Tap **Settings** > **Apps**.

3. Tap ⋮ **More options** > **Hide**.

4. Tap to select the apps you want to hide, and then tap **Apply**.

## Uninstall apps

Uninstall apps you have download.

1. On the Apps screen, touch and hold an app.

2. Tap ⊖ **Uninstall**. This option is not available for all apps.

## Samsung apps

The following apps come pre-installed or downloaded over-the-air to your device.

## Messages

View messages and reply to or call the sender using the Watch.

### Send messages

1. From Apps, rotate the bezel and tap
   💬 **Messages**.

2. Tap 💬 **Compose**.

3. Add recipients and tap **Next**.

4. Enter text using one of the available methods.

   • If you use Quick responses or emojis, the message is automatically sent to the recipients when you tap it.

• If you create a message using voice input or the keyboard, tap **Send** to send the message.

## Edit Quick messages

Edit or add templates used for replying to messages.

1. From **Apps** of the smartphone, tap 📱 **Galaxy Wearable** > **Settings** tab > **Apps**.

2. Tap **Settings** next to Messages.

   • To edit a message, select it and edit the text.

   • To create additional templates, tap ➕ **Add**.

   • To delete or rearrange messages, tap **Edit**.

## Send audio recordings

Change the message feature settings.

1. From **Apps**, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **Apps** > **Messages**.

3. Tap **Send as audio** to set the Watch to send a voice message as an audio file.

## Send SOS requests

In an emergency situation, quickly press the Watch's **Home** button three times. The device sends messages to your emergency contacts. The first time you enable this feature, you will be prompted to designate your emergency contacts.

The messages include your location information. You can also send sound recordings along with the message to the recipients.

1. From **Apps** of the smartphone, tap  **Galaxy Wearable** > **Settings** tab > **Send SOS requests**.

2. Tap **on/off** to enable this feature, and then customize options:

   • **Send SOS messages to**: Follow the prompts to add an emergency contact to send SOS messages to.

   • **Make SOS call to**: Call a selected contact in emergencies.

   • **Count down before sending**: Wait five seconds before sending SOS requests to allow them to be cancelled.

## Read messages

1. From Apps, rotate the bezel and tap  **Messages**.

2. Tap a conversation to view it.

3. Tap  **More options** for additional options:

   • **Call**: Call the sender.

   • **Send my location**: Use your GPS to send a map link to your location.

   • **Show on phone**: View the message on your smartphone.

   • **Create contact**: Add the sender as a contact.

   • **Delete**: Delete the message.

**Note**: You may not be able to reply to messages depending on the smartphone that you connect to the Watch.

## Reply to messages

1. From Apps, rotate the bezel and tap
   🗨 **Messages**.

2. Tap a conversation to view it.

3. Tap an icon or a quick reply to compose and send your message.

# Phone
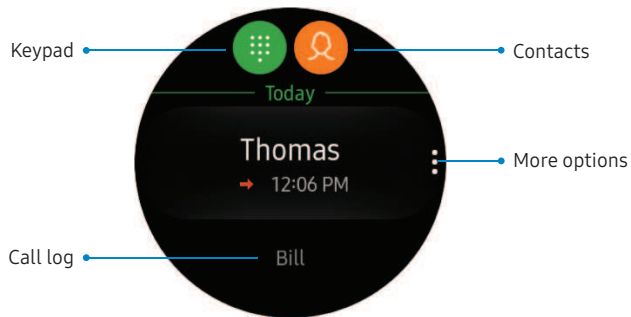
Keypad •————————————• Contacts

Today

Thomas
→ 12:06 PM •———————• More options

Call log •————— Bill

## Make calls

The call feature automatically launches on your smartphone.

1. From the Apps screen, rotate the bezel and tap 🔇 **Phone**.

2. Use one of the following methods to make a call:

   • Tap ⊞ **Keypad**, enter a number using the keypad, and then tap 📞 **Call**.

   • Tap 👤 **Contacts**, select a contact, and then tap 📞 **Dial** or select a phone number.

   • Scroll through the log list, and tap a log entry.

## Answer calls

To answer an incoming call:

▶ Drag 📞 **Answer** to the right.

   – or –

   Rotate the bezel to the right.

## Reject a call

Reject incoming calls.

▶ Drag 📵 **Reject** to the left.

– or –

Rotate the bezel to the left.

### Decline with Message

Reject an incoming call and send a message to the caller.

▶ Swipe up from the bottom of the screen to open the Decline messages, and select a quick message.

### Edit decline messages

Edit or add templates used for rejecting phone calls.

1. From the Apps screen of the smartphone, tap 🟠 **Galaxy Wearable** > **Settings** tab > **Apps**.

2. Tap **Settings** next to Phone.

   • To edit a message, select it and edit the text.

   • To create additional templates, tap ➕ **Add**.

   • To delete or rearrange messages, tap **Edit**.

## Missed calls

If a call is missed, a notification is displayed on the screen.

▶ From the Watch screen, rotate the bezel left to view missed call notifications.

– or –

On the Apps screen, rotate the bezel and tap **Phone** to view missed calls in the Call log.

# Contacts

View your smartphone's contact list.

## Create a contact

You can search for a contact or scroll through the list to find one by name.

1. From the Apps screen, rotate the bezel and tap **Contacts**.

2. Tap **Add**, and then enter the contact information.

3. Tap **Save**.

## Find a contact

You can search for a contact or scroll through the list to find one by name.

1. From the Apps screen, rotate the bezel and tap  Contacts.

2. Tap  Search, and then enter characters to find contacts that match.

   – or –

   Rotate the bezel to find the contact.

## Call or message a contact

You can send a message or make a phone call from Contacts.

1. From the Apps screen, rotate the bezel and tap  Contacts.

2. Tap the contact you want to connect with, and tap an option:

   • Call: Begin a phone call with the contact.

   • Message: Type a message to the contact.

# Email

View emails received on the smartphone and reply to them.

## Read emails

1. From the Apps screen, rotate the bezel and tap 📧 **Email**.

2. Tap a message to view its content.

3. Tap ⋮ **More options** for additional options:

   • **Star**: Mark the email as important.

   • **Show on phone**: View the email on your smartphone.

   • **Delete**: Delete the email.

**Note**: You may not be able to reply to emails depending on the smartphone that you connect to the Watch.

## Reply to emails

1. From the Apps screen, rotate the bezel and tap 📧 **Email**.

2. Tap an email to open the email screen.

3. Tap an icon or a quick reply to compose and send your message.

## Delete emails

1. From the Apps screen, rotate the bezel and tap 📧 **Email**.

2. Scroll through the inbox to the email you want to delete.

3. Tap ⋮ **More options** > **Delete**.

4. Select the email again, and then tap **Delete**.

# Samsung Health

Samsung Health helps you manage your wellness and fitness. Set fitness goals and regularly record and check your progress.

When the Watch is synced with the Samsung Health app, you can save and manage health-related data and receive useful information about your health every day.

Only your most recent activity records are stored on your Watch. You can view previous data on the smartphone where the Samsung Health app is installed.

▶ From the Apps screen, rotate the bezel and tap 🔵 **Samsung Health**.

**Caution**: The information gathered from this device, Samsung Health, or related software is not intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment or prevention of disease.

The accuracy of the information and data provided by this device and its related software, including heart rate readings, may be affected by factors such as environmental conditions, skin condition, specific activity performed while using/wearing the device, settings of the device, user configuration/user-provided information, placement of the sensor on the body, and other end-user interactions. For more information on proper wear and use, visit samsung.com/us/heartratesensor.

## Before you start exercising

Although the Samsung Health application is a great companion to your exercise routine, it is always best to make sure you consult with your physician before beginning any exercise regimen. While moderate physical activity, such as brisk walking, is safe for most people, health experts suggest that you talk with your doctor before you start an exercise program, particularly if you have any of the following conditions:

- Heart disease; Asthma or lung disease; Diabetes, or liver or kidney disease; and Arthritis.

Before beginning your exercise regimen check with your doctor if you have symptoms suggestive of heart, lung, or other serious disease, such as:

- Pain or discomfort in your chest, neck, jaw, or arms during physical activity;

- Dizziness or loss of consciousness;

- Shortness of breath with mild exertion or at rest, or when lying down or going to bed;

- Ankle swelling, especially at night;

- A heart murmur or a rapid or pronounced heartbeat;

- Muscle pain when walking upstairs or up a hill that goes away when you rest.

It is recommended that before engaging in an exercise routine, you consult with your doctor or medical practitioner. If you are unsure of your health status, have several health problems, or are pregnant, you should speak with your doctor before starting a new exercise program.

## Steps

The Watch counts the number of steps you have taken and measures the distance traveled.

1. From the Apps screen, rotate the bezel and tap
   ⊙ **Samsung Health**.

2. Rotate the bezel and tap **Steps**.

3. Rotate the bezel and tap **View each date** to view a graph of your step count records.

To set your steps target:

1. From the Apps screen, rotate the bezel and tap
   ⊙ **Samsung Health**.

2. Rotate the bezel and tap the steps tracker.

3. Tap ⋮ **More options** > ⚙ **Settings**, and then tap **Step target**.

4. Rotate the bezel to set the target.

5. Tap **Done**.

## Floors

Record and track the number of floors you walk up.

1. From the Apps screen, rotate the bezel and tap
   ⊙ **Samsung Health**.

2. Rotate the bezel and tap **Floors**.

3. View a graph of your floor count records.

To set your floors target:

1. From the Apps screen, rotate the bezel and tap
   ⊙ **Samsung Health**.

2. Rotate the bezel and tap **Floors**.

3. Tap ⋮ **More options** > ⚙ **Settings**, and then tap **Floor target**.

4. Rotate the bezel to set the target.

5. Tap **Done**.

## Exercise

Record your exercise information and calories burned using Samsung Health's exercise feature.

### Exercise with the Watch

1. From the Apps screen, rotate the bezel and tap  Samsung Health.

2. Rotate the bezel and tap **Exercise**.

3. Tap **Work out** and tap an activity type.

4. Enter the exercise information.

5. Tap **Start [activity type]** to start monitoring your exercise. Your heart rate measurement begins.

   • When you rotate the bezel to the right you can view exercise information, such as calories burned and current speed.

   • Rotate the bezel left to listen to music. This option is not available in Water lock mode.

6. Press the **Back** button to pause the workout.

   • Press the **Back** button again to resume the workout.

   • Tap **Finish** to complete your workout and view your workout summary.

7. Rotate the bezel to view your workout log.

**Note**: Measured distance may differ from the actual distance due to uneven strides, walking in place, and pacing around.

## Sleep

Automatically track your sleep patterns.

1. From the Apps screen, rotate the bezel and tap
   Samsung Health.

2. Rotate the bezel and tap Sleep.

3. Rotate the bezel to view your sleep data.

   • To change sleep report notifications, tap
     Notifications, and then tap On/Off.

## Heart rate

Measure and record your heart rate. Take heart rate
measurements when you are seated and relaxed.

1. From the Apps screen, rotate the bezel and tap
   Samsung Health.

2. Rotate the bezel and tap Heart rate.

3. Tap Measure to begin measuring your heart rate.

   • After a moment, your current heart rate is
     displayed on the screen.

4. Tap Tag to select a status tag for your measured
   heart rate.

   • The Watch displays information about your
     heart rate in relation to your selected tag.

### Track your heart rate

The Watch can automatically measure and track your heart rate. Your Watch measures your heart rate at regular intervals.

To activate or deactivate this feature:

1. From the Apps screen, rotate the bezel and tap **Samsung Health**.

2. Rotate the bezel and tap **Heart rate**.

3. Tap **More options** > **Auto HR settings** and select a measuring interval.

   • **Always**: The Watch measures your heart rate continuously, regardless of your movement.

   • **Frequent**: The Watch measure your heart rate regularly when you are relaxed.

   • **Never**: The Watch does not measure your heart rate automatically.

4. Tap **Help** to view help information for using the auto HR feature.

## Stress

Keep track of your stress. Breathing exercises are also available to help reduce stress.

1. From the Apps screen, rotate the bezel and tap **Samsung Health**.

2. Rotate the bezel and tap **Stress**.

   • Tap **Measure** to measure your current stress level.

   • Rotate the bezel to view your stress data.

### Breathing exercise

Use the Breathe feature to help reduce stress.

1. From the Apps screen, rotate the bezel and tap **Samsung Health**.

2. Rotate the bezel and tap **Stress**.

3. After taking a stress measurement, the Breathe feature is available. Tap **Breathe** for the following options:

- **Start**: Being the breathing exercise.
- **Target**: Adjust the target cycles per minute.
- **Inhale/Exhale**: Adjust the time for inhaling and exhaling.
- **Sound**: Enable or disable sound for the breathing exercise.

#### Automatic tracking

Automatically measure and record your stress level at regular intervals.

1. From the Apps screen, rotate the bezel and tap  **Samsung Health**.
2. Rotate the bezel and tap **Stress**.
3. Tap  **More options** > **Auto stress settings**.
4. Tap **Always** to enable or disable the feature.

## Water

Record and track how many glasses of water you drink.

1. From the Apps screen, rotate the bezel and tap  **Samsung Health**.
2. Rotate the bezel and tap **Water**.
3. Tap  **Add** when you drink a glass of water.

- If you accidentally added an incorrect value, tap  **Remove**.

To set your daily water target:

1. From the Apps screen, rotate the bezel and tap
   Samsung Health.

2. Rotate the bezel and tap **Water**.

3. Tap **More options** > **Set target**.

4. Tap **Set target** to enable this feature.

5. Tap **Daily target**, and set the number.

6. Tap **Done**.

## Caffeine

Record and track how many cups of caffeinated beverages you drink each day.

1. From the Apps screen, rotate the bezel and tap
   Samsung Health.

2. Rotate the bezel and tap **Caffeine**.

3. Tap ➕ **Add** when you drink a caffeinated beverage.

   • If you accidentally added an incorrect value,
     tap ➖ **Remove**.

To set your daily caffeine target:

1. From the Apps screen, rotate the bezel and tap ⊛ **Samsung Health**.

2. Rotate the bezel and tap **Caffeine**.

3. Tap ⋮ **More options** > **Set target**.

4. Tap **Set target** to enable this feature.

5. Tap **Daily target**, and set the number.

6. Tap **Done**.

## Together

Compete with other Samsung Health users.

### Steps leaderboard

Add challenges through Samsung Health on your smartphone.

1. On the Apps screen of the smartphone, tap ⊛ **Galaxy Wearable** > **Settings** tab.

2. Tap **Samsung Health** > **Together** tab. Here you can add friends and challenges.

### View challenges on your Watch

View your challenges and rank on the Steps leaderboard.

1. From the Apps screen, rotate the bezel and tap ⊛ **Samsung Health**.

2. Rotate the bezel and tap **Together**.

   • Tap a list to see your challenges.

## Settings

Customize your Samsung Health settings.

1. From the Apps screen, rotate the bezel and tap
   🟢 **Samsung Health**.

2. Rotate the bezel and tap **Settings**.

3. Tap an item to customize:

   - **Profile**: Update your personal profile.

   - **Workout detection**: Set the Watch to recognize
     and encourage you when it detects that you
     are exercising.

   - **Inactive time alerts**: Set the Watch to alert you
     if you have been still for almost an hour.

4. Tap **Help** for a description of Samsung Health.

# Galaxy Apps

Samsung Galaxy Apps provides a quick and easy way
to find and download free premium apps that are
compatible with your Galaxy device.

A Samsung account is required to purchase and
download apps.

To access the Samsung Galaxy Apps website:

▶ From Apps, rotate the bezel and tap 🟠 **Galaxy
   Apps.**

# PPT Controller

You can use PPT Controller to connect the Watch to a computer and control PowerPoint presentations.

To connect:

1. From the Apps screen, rotate the bezel and tap ◇ **PPT Controller**.

2. Tap **Connect** and connect your Watch to a computer in 5 minutes.

3. Select your Watch from the Bluetooth list on the computer and tap ✓ **OK** on the Watch.

4. Follow the on-screen instructions to complete the connection. The Watch and computer will be connected by Bluetooth.

## Control PPT slides with the Watch

You can remotely control the Powerpoint slides with your Watch.

1. From the Apps screen, rotate the bezel and tap ◇ **PPT Controller**.

2. Tap **Slideshow** to control the slides.

   • Tap ⊘ **Next** or rotate the bezel to the right to move to the next slide.

   • Tap ⊘ **Previous** or rotate the bezel to the left to move to the previous slide.

   • Tap **Touchpad** and swipe on the Watch's screen to move the cursor on the computer.

3. Tap **Stop** to stop controlling slides.

## Presentation alerts

You can set alerts on your Watch to warn you when you are close to the end of your presentation time, or at various intervals during your presentation.

### Wrap up alert

Use your Watch to receive a notification when you are at the end of your presentation time.

1. From the Apps screen, rotate the bezel and tap ◇ **PPT Controller**.

2. Tap ⋮ **More options** > **Wrap up alert**.

3. Tap **Wrap up alert** to enable this feature.

4. Tap **Set time**, and enter the time that your presentation needs to be finished.

### Interval alerts

Set a finishing time for your presentation on your Watch to receive a notification

1. From the Apps screen, rotate the bezel and tap ◇ **PPT Controller**.

2. Tap ⋮ **More options** > **Interval alerts**.

3. Tap **Interval alerts** to enable this feature.

4. Tap **Set time**, and enter the interval that you want to receive notifications.

# Samsung Flow

Unlock your tablet or computer with your Watch. Before configuring Samsung Flow:

- Install the Samsung Flow app on your computer or tablet. The computer or tablet must also support Bluetooth connectivity.

- Set the screen lock feature on your Watch and mobile device. For more information, see Set a screen lock on page 90.

1. From the Apps screen of the Watch, rotate the bezel and tap  Samsung Flow.

   • Follow the prompts if the Watch and mobile device need to be connected, and if lock screens need to be set.

2. On the mobile device, tap the **Samsung Flow** app.

3. On the computer or tablet, enable Bluetooth and search for and select the Watch and mobile device.

4. Launch the **Samsung Flow** app and tap **Start**. Follow the prompts to complete setup.

## Unlock a computer or tablet

To unlock the connected computer or tablet with the Watch bezel:

1. Bring your Watch near the computer or tablet.

2. Rotate the bezel of the Watch to unlock.

To unlock with the Simple unlock feature:

1. From the Apps screen of the Watch, rotate the bezel and tap  Samsung Flow.

2. Tap **Simple unlock** to activate it.

3. Bring your Watch near the computer or tablet to unlock it.

# Find My Phone

If you misplace your smartphone, the Watch can help you find it.

1. From **Apps**, rotate the bezel and tap 🔍 **Find My Phone**.

2. Select an option:

   • Tap 🔍 **Start**, and the smartphone emits sounds and turns on the screen.

   • Tap ⏹ **Stop** on the Watch to terminate the search, or tap ❌ **Stop** on the smartphone.

# Find your Watch

You can also locate your Watch by making it light up and make sounds from the Galaxy Wearable app.

1. From the Apps screen of the smartphone, tap 🔵 **Galaxy Wearable** > **Settings** tab > **Find My Watch**.

2. Tap 🔍 **Start**.

   • The Watch vibrates and the screen turns on.

3. Drag ✕ **Stop** to the right on the Watch.

   – or –

   Tap ⏹ **Stop** on the smartphone.

# Reminder

Add reminders for events and set alarms outside of the Calendar app.

## Create a reminder

1. From the Apps screen, rotate the bezel and tap
   🔔 **Reminder**.

2. Tap **Create reminder** and choose a keyboard.

3. Follow the prompts to name and set the time for
   your reminder.

4. Tap **Save** when finished.

## Complete a reminder

To mark reminders complete:

1. From the Apps screen, rotate the bezel and tap
   🔔 **Reminder**.

2. Tap the reminder you want to complete.

3. Tap the checkbox to mark it as complete.

   • To delete the reminder, tap ⋮ **More options** >
     🗑 **Delete**.

# Music app
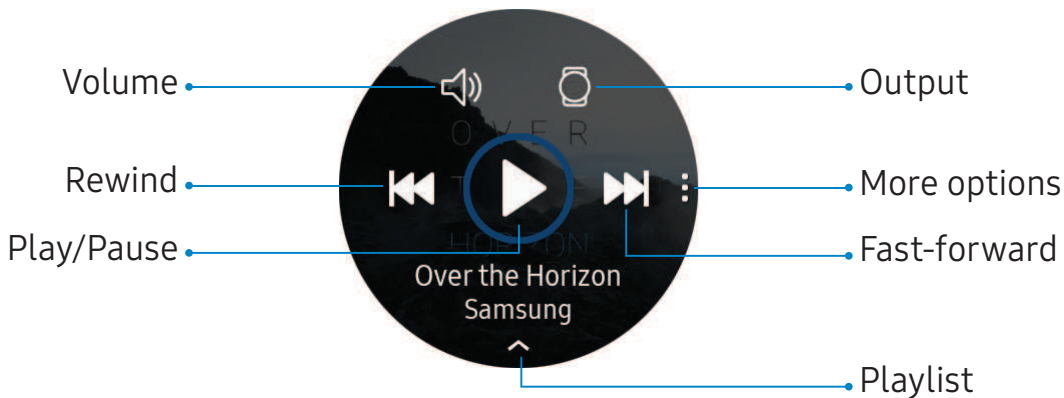
Volume

Rewind

Play/Pause

Output

More options

Fast-forward

Over the Horizon
Samsung

Playlist

Devices and software are constantly evolving — the illustrations you see here are for reference only.

Apps                                             60

## Play music from the Watch

You can play music from the Watch through Bluetooth headphones (not included).

1. From the Apps screen, rotate the bezel and tap 🎵 **Music**.

2. Tap the output until the ⊙ **Watch** icon is displayed.

3. Tap ⦂ **More options** for the following options:

   • **Shuffle**: Enable or disable shuffle.

   • **Repeat**: Tap to repeat all songs, tap again to repeat once, and tap again to turn off repeat.

4. Tap ▶ **Play music** to play music on your Watch.

5. Swipe up from the bottom of the screen to open the library screen, where you can view the current song, playlist, and queue music.

## Play music on your smartphone

When you select a smartphone to play music from, you can control playback of the music with your Watch. The music plays on your smartphone.

1. From the Apps screen, rotate the bezel and tap 🎵 **Music**.

2. Tap the output until the ▯ **Phone** icon is displayed.

3. Tap ▶ **Play music** to play music on your smartphone.

4. The music plays on your smartphone and the Watch displays the music controller screen.

### Import music

Import music saved in your smartphone to your Watch.

1. From the Apps screen of the smartphone, tap
   **Galaxy Wearable** > **Settings** tab > **Add
   content to your watch**.

2. Tap **Add tracks**.

3. Select files and tap **Done**.

To sync recently added music in your smartphone
with your Watch:

1. From the Apps screen of the smartphone, tap
   **Galaxy Wearable** > **Settings** tab > **Add
   content to your watch**.

2. Tap **Auto sync**, and then tap **OK** to confirm. Music
   will be synced while the Watch battery power is
   at least 15 percent.

# Gallery

View and manage images stored on the Watch.

### View images

1. From the Apps screen, rotate the bezel and tap
   **Gallery**.

2. Rotate the bezel to scroll through the image list
   and then tap an image to view it.

### Zoom in or out

While viewing an image:

▶ Double-tap the image to zoom in or out.

## Delete images

1. From the Apps screen, rotate the bezel and tap 🌸 **Gallery**.

2. Touch and hold an image to delete, or tap ⋮ **More options**.

3. Tap **Delete**, and then tap ✓ **Ok** to confirm.

## Import and export images

Images can be exchanged between your Watch and smartphone.

### Import images from your smartphone

Send images or entire albums from your smartphone to your Watch.

1. From **Apps** of the smartphone, tap 🔵 **Galaxy Wearable** > **Settings** tab.

2. Tap **Add content to your watch**.

3. Tap **Copy images**.

4. Select files or albums and tap **Done**.

To automatically sync images on your smartphone with your Watch:

1. From **Apps** of the smartphone, tap 🔵 **Galaxy Wearable** > **Settings** tab.

2. Tap **Add content to your watch** > **Auto sync** to enable. Images will be synced while the Watch battery power is at least 15 percent.

   - **Image limit**: Set a limit to the number of images that can be synced to your Watch.

   - **Albums to sync**: Select which Gallery albums to sync to your Watch.

Export images to your smartphone

1. From the Apps screen, rotate the bezel and tap 🟠 **Gallery**.

2. Tap the image you want to send to the smartphone.

3. Tap ⁝ **More options** > 🔗 **Send to phone**.

## Take a screenshot

Capture an image of your screen. It is automatically saved to the Gallery app.

To enable the screen capture feature:

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **Advanced** > **Screen capture** to enable.

To take a screenshot:

▶ From any screen, press and hold the **Power** key, and swipe the screen from left to right.

# Weather

View weather information on the Watch for locations set on the smartphone when the devices are connected.

1. From the Apps screen, rotate the bezel and tap
   ☁ **Weather**.

2. Tap the screen and rotate the bezel to view weather information.

   • Rotate the bezel right to add cities on your phone.

# Alarm

Set an alarm to ring at a specific time.

## Create an alarm

Create an alarm event. You can set one-time or recurring alarms.

1. From Apps , rotate the bezel and tap 🕒 Alarm.

2. Tap ➕ Add and enter the time.

3. Tap Next, and select the days to repeat the alarm.

4. Tap Save when finished.

## Stop an alarm

▶ Drag ✕ Cancel to the right or rotate the bezel clockwise to stop an alarm.

- Drag ZZ Snooze to the left or rotate the bezel counterclockwise to snooze.

## Delete an alarm

You can delete an alarm that you created.

1. From the Apps screen, rotate the bezel and tap 🕒 Alarm.

2. Tap and hold an alarm, and then tap Delete.

# World clock

The World clock lets you keep track of the current time in multiple cities around the globe.

## Add cities

1. From the Apps screen, rotate the bezel and tap
   🕐 World clock.

2. Tap Add city to add a city to your World clock.

3. Tap a location on the map.

   – or –

   Tap All cities to search for the city you want to add.

4. Tap the city to add it to your World clock.

   • To add more cities, tap Add.

## Remove cities

1. From the Apps screen, rotate the bezel and tap
   🕐 World clock.

2. Tap ⋮ More options by the city you want to remove.

3. Tap 🗑 Delete, and select the city again.

4. Tap Delete to confirm.

# Calendar

View the events scheduled on the smartphone.

▶ From Apps, rotate the bezel and tap
  23 **Calendar**.

  - Rotate the bezel to view other months.

  - Tap a day on the monthly calendar.

  - The day's events list is displayed.

  - Tap an event to view its details.

  - Rotate the bezel to view other scheduled
    events.

## Create an event

You can use your Calendar to create events.

1. From Apps, rotate the bezel and tap
   23 **Calendar**.

2. Tap the day of the event, and tap ⊕ **Create
   event**. Enter the event details, and set a
   reminder.

3. Tap **Save** when finished.

## Delete an event

You can delete an event that you created.

1. From the Apps screen, rotate the bezel and tap
   23 **Calendar**.

2. Tap the day of the event, and tap the event you
   want to remove to view it.

3. Tap ⋮ **More options** > 🗑 **Delete**.

# Bixby

Bixby is a voice service that helps you use your
Watch more conveniently. You can talk to Bixby to
launch a function or provide you with information.

To use Bixby, your mobile device must be connected
to a Wi-Fi or mobile network, and you must sign in to
your Samsung account.

To set up the Bixby app:

1. From **Apps**, rotate the bezel and tap 🔵 **Bixby**.

2. Follow the prompts to set up Bixby.

## Enable voice launch

You can launch Bixby using your own voice wake-up command. You can only use this feature when your Watch's screen is turned on.

1.  From **Apps**, rotate the bezel and tap ⓑ **Bixby**.

2.  Tap ⦚ **More options** > **Voice wake-up** to enable.

## Change the language

Change the speech recognition language.

1.  From **Apps**, rotate the bezel and tap ⓑ **Bixby**.

2.  Tap ⦚ **More options** > **Language**, and then choose a language.

## Use Bixby

To launch Bixby for voice commands:

1.  Quickly press the Home key twice.

    – or –

    Say "Hi Bixby".

2.  Speak a voice command.

# Alti-Barometer

Measure the altitude and atmospheric pressure in your current location.

## Measure altitude

▶ From **Apps**, rotate the bezel and tap
  🔺 **Alti-barometer**.

## Measure atmospheric pressure

1. From **Apps**, rotate the bezel and tap
   🔺 **Alti-barometer**.

2. Rotate the bezel to the barometer screen to view the atmospheric pressure.

## Customize Settings

1. From **Apps**, rotate the bezel and tap
   🔺 **Alti-barometer**.

2. Rotate the bezel to **Settings**, and then tap **Change**.

3. Tap an option to customize:

   • **Auto refresh**: Automatically refresh the readings for altitude and pressure.

   • **Manual calibration**: Tap to enable manual calibration and enter the altitude and sea level pressure.

   • **Pressure alerts**: Enable pressure alerts when the atmospheric pressure drops more than 4 hPA within a 3 hour period.

   • **Altitude unit**: Customize the unit of measurement for altitude.

   • **Pressure unit**: Customize the unit of measurement for pressure.

   • **Help**: View help topics for the Alti-barometer.

# News Briefing

Create and access your personalized magazines.

1. From **Apps**, rotate the bezel and tap
   **F** **News Briefing**.

2. Rotate the bezel to search through trending
   articles.

# Settings

# How to use Settings

You can personalize your device by configuring various setting options.

To access Settings:

▶ From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

– or –

On the Watch screen, swipe down from the top of the screen to open the status panel, and then tap ⚙ **Settings**.

# Connections

Manage connections between your device and a variety of networks and other devices.

## Bluetooth

Use Bluetooth to connect the Watch to a smartphone and a headset (not included).

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Connections** > **Bluetooth**.

   • **Bluetooth**: Turn the Bluetooth feature on or off.

   • **BT headset**: Search for Bluetooth headsets and connect them to the Watch.

**Note**: The headset can only be used for playing music on the Watch.

# Mobile networks

Customize your mobile networks.

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **Connections** > **Mobile networks**.

   • **Mobile networks**: Enable or disable using
     mobile data.

   • **Mobile data**: Enable mobile data.

   • **Data roaming**: Enable data roaming.

   • **Network mode**: Select a network mode.

   • **Network operators**: Choose a network
     operator.

   • **Access Point Names**: Select and APN.

# Wi-Fi

Activate the Wi-Fi feature to connect to a Wi-Fi
network.

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **Connections** > **Wi-Fi**.

3. Tap **Wi-Fi** again, and then tap **Auto**, **Always on**, or
   **Always off**.

## Connect to a Wi-Fi network

This feature is available when the Watch is not connected to the smartphone through Bluetooth.

1. From the Apps screen, rotate the bezel and tap  **Settings**.

2. Tap **Connections** > **Wi-Fi**.

3. Tap **Wi-Fi networks** > **Scan**.

4. Select a network from the Wi-Fi networks list.

   • Networks that require a password display a lock icon.

5. Tap **Connect**.

**Note**: Once the Watch connects to a Wi-Fi network, the Watch reconnects to that network each time it is available without requiring a password. To prevent the Watch connecting to the network automatically, select the network, and then tap **Forget**.

## Sync Wi-Fi profiles

Set the device to sync the list of saved Wi-Fi networks with your Watch.

1. From the Apps screen of the smartphone, tap  **Galaxy Wearable** > **Settings** tab.

2. Tap **Watch connection** > **Sync Wi-Fi profiles**.

# NFC

The Watch lets you use the built-in technology to make payments and buy tickets for transportation or events after downloading and configuring the required apps.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Connections** > **NFC**.

   • **NFC**: Activate the NFC feature to link your Watch to your credit or debit card.

   • **Tap and pay**: Set the default payment app for mobile payments.

## Make payments with the NFC feature

Before you can use the NFC feature to make payments, you must register for the mobile payment service. To register or get more information about the service, contact your service provider.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Connections** > **NFC**.

3. Tap **NFC** again to enable the feature.

4. Touch the top of the Watch's touchscreen to the card reader.

**Note**: The payment services list may not include all available payment apps.

# Connection alerts

Receive alerts when disconnected from Bluetooth.

1. From the Apps screen, rotate the bezel and tap
   ⚙️ **Settings**.

2. Tap **Connections** > **Alerts** to enable or disable this
   option.

# Airplane mode

Airplane mode disconnects your device from all
networks and turns off connectivity features, such as
phone calls and Wi-Fi.

1. From the Apps screen, rotate the bezel and tap
   ⚙️ **Settings**.

2. Tap **Connections** > **Airplane mode** to enable or
   disable this option.

# Data usage

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Connections** > **Data usage** and tap an option:

   • **Mobile data**

   • **Data limit**

   • **Data usage cycle**

   • **Start date**

   • **Usage details**

# Location

Some apps may require location services to be turned on for full functionality.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Connections** > **Location**.

3. Tap **Location** again to enable, and select a mode.

   • **GPS, Wi-Fi, and mobile networks**: Use GPS and wireless networks.

   • **Wi-Fi and mobile networks**: Use wireless networks only.

   • **GPS**: Use GPS only.

# Connect to a new phone

Connect your Watch to a new mobile device. The Watch can connect to another mobile device after performing a light reset to delete data.

To connect to a new phone:

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Connect to new phone** and follow the prompts.

**Note**: This feature is available when the Watch is connected to a smartphone. Otherwise, **Connect to phone** is displayed.

# Sounds and vibration

Configure the sounds and vibrations used to indicate notifications, screen touches, and other interactions.

## Sound mode

Switch between sound modes, while preserving the individual sound settings you have made.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Sounds and vibration** > **Sound mode**, and then choose a mode:

   • **Sound**: Enable sounds for notifications and alerts.

   • **Vibrate**: Use vibration only for notifications and alerts.

   • **Mute**: Set your device to make no sounds.

# Vibrate with sound

Enable vibration with sound mode. Sound mode must be enabled for this option to be available.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Sounds and vibration** > **Vibrate with sound** to enable vibrations when receiving calls and notifications.

# Volume

Set volume levels.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Sounds and vibration** > **Volume**.

   • Swipe the screen from right to left to see the volume levels for Ringtone, Media, Notifications, and System.

   • Rotate the bezel to change the volume level for each category.

# Vibration intensity

Configure the vibration intensity.

1. From the Apps screen, rotate the bezel and tap
   🔅 **Settings**.

2. Tap **Sound and vibration** > **Vibration intensity**, and
   select **Strong** or **Light**.

# Long vibration

Increase the duration of the vibration for calls and
notifications.

1. From the Apps screen, rotate the bezel and tap
   🔅 **Settings**.

2. Tap **Sound and vibration** > **Long vibration** to
   enable.

# Ringtone

Choose from preset ringtones or add your own.

1. From the Apps screen, rotate the bezel and tap
   🔅 **Settings**.

2. Tap **Sound and vibration** > **Ringtone vibration**.

3. Tap a ringtone to hear a preview, and tap **OK** to
   select it.

   – or –

   Tap **Add from watch** to use an audio file as a
   ringtone.

# Ringtone vibration

Vibrate for calls.

1. From the Apps screen, rotate the bezel and tap
   **Settings**.

2. Tap **Sound and vibration** > **Ringtone vibration** and
   select a vibration pattern.

# Notification sound

Choose from preset notification sounds.

1. From the Apps screen, rotate the bezel and tap
   **Settings**.

2. Tap **Sound and vibration** > **Notification sound**.

3. Tap a notification sound to hear a preview, and
   tap **OK** to select it.

# Notification vibration

Vibrate for new notifications.

1. From the Apps screen, rotate the bezel and tap
   **Settings**.

2. Tap **Sound and vibration** > **Notification vibration**
   and select a vibration pattern.

# Touch sounds

Enable sounds when the watch screen is tapped.

1. From the Apps screen, rotate the bezel and tap
   **Settings**.

2. Tap **Sound and vibration** > **Touch sounds** to
   enable.

# Do not disturb

Use these options to determine block out time where notifications are turned off, and during which time periods you want to enter this mode.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Advanced** > **Do not disturb**, and configure the following:

   • **Turn on now**: Enable this option, and set the time period.

   • **Turn on as scheduled**: Tap **Set schedule** to configure the start time, end time, and days that you want to enable Do not disturb.

# Display

Configure your display's brightness, screen timeout delay, and other settings.

## Watch faces

Change the style settings.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Watch faces**. The following options are available:

   • **Watch faces**: Select a watch type.

   • **Watch always on**: Set the Watch to display a watch when the screen is turned off.

   • **Watch face order**: Set a sort order.

   • **Hourly chime**: Hear a sound and feel a vibration at the start of each hour.

- **Notification indicator**: Enable or disable the notification indicator.

- **Status indicator**: Indicators are icons that show the current status of your Watch on the watch face.

## Adjust screen brightness

Manually adjust the brightness of the display.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Display** and select an option:

   - **Brightness**: Manually adjust the brightness of the display.

   - **Auto low brightness**: Set the Watch to automatically adjust the brightness depending on ambient light conditions.

## Set the screen timeout

Set the length of time the Watch waits before turning off the display's backlight.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Display** > **Screen timeout**, and select a timeout value.

## Show last app

Set the length of time the Watch wakes up to the last app used.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **Display** > **Show last app**, and select a timeout value.

# Background style

Select a background

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **Display** > **Background style**.

# Font

Select a font for your Watch.

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **Display** > **Font**.

# Touch sensitivity

Set the Watch to allow use of the touch screen with gloves on.

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **Advanced** > **Touch sensitivity**.

3. Tap ✓ **OK** to enable this feature.

# Device maintenance

View the status of your device's battery, storage, and memory. You can also automatically optimize your device's system resources.

# Date and time

You can set the date and time manually.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings**.

2. Tap **General** > **Date and time**.

   • **Automatic**: Use the network to set date and time.

   • **Set date**: Set the date manually.

   • **Set time**: Set the time manually.

   • **Select time zone**: Select the time zone manually.

**Note**: The Date and time options are available when your Watch is not connected to your mobile device.

# Power saving mode

Activate Power saving mode to save battery power by limiting the Watch's functions.

To save battery power, Power saving mode:

- Uses a grayscale Home screen
- Turns off all functions except calls, messages, and notifications
- Turns off Wi-Fi and mobile networks (if applicable)
- Limits performance

To enable Power saving mode:

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings** > **Battery** .

2. Tap **Power saving**, and then tap ✓ **OK**.

To disable Power saving mode:

▶ From the Home screen, tap **Off**, and then tap ✓ **OK**.

# Watch only mode

Activate Watch only mode to save battery power by limiting the Watch's functions to only showing the time.

1. From the Apps screen, rotate the bezel and tap ⚙ **Settings** > **Battery** .

2. Tap **Watch only**, and then tap ✓ **OK**.

To disable Watch only mode:

▶ Touch and hold the **Power** button for three seconds.

# Reset the Watch

Reset settings to their factory default values and delete all data.

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **General** > **Reset**.

3. Tap ✓ **OK**.

# Watch status

Access information about the Watch.

1. From the Apps screen of the smartphone, tap ⌚ **Galaxy Wearable** > **Settings** tab > **About watch**.

2. Tap an option below:

   • **Update watch software**: Update the Watch to the latest software.

   • **Back up and restore**: Back up the stored data on the Watch or restore backup data.

   • **Legal information**: View the legal information for the Watch.

   • **Unknown sources**: Set the Watch to allow the installation of apps from unknown sources.

   • **Device name**: Change the Watch's name.

   • **Device information**: View identification codes for your Watch.

# Lock screen and security

Secure your device and protect your data with Lock screen and security settings.

# Set a screen lock

It is recommended that you secure your device using a Screen lock.

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **Security** > **Lock**.

3. Tap **Type** to select a screen lock type:

   • **Pattern**: Create a pattern that you draw on the screen to unlock your device. This option provides medium security.

   • **PIN**: Set a PIN to use for unlocking the device when it removed from your wrist and the screen is turned off.

   • **None**: Do not lock the screen.

4. Tap **Help** to view help information for using the screen lock feature.

# Security update service

You can update the security policy manually or automatically.

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **Security** > **Security update service**.

   • **Check for updates**: Update the Watch's security policy manually.

   • **Auto update**: Update the Watch's security policy automatically.

   • **Download updates**: Set the Watch to update the security policy automatically when connected to Wi-Fi. Options are Wi-Fi only and Wi-Fi and Mobile data.

# Remote security

You can lock and reset your Watch remotely if it is lost. You can also prevent others from reactivating your device if it is lost or stolen. Sign in to your Samsung account to use this feature.

1. From the Apps screen of the smartphone, tap 🟠 **Galaxy Wearable** > **Settings** tab > **Find My Watch**.

2. Tap **Set security** for the following options:

   • **Remote lock**: Prevent unauthorized use by locking your Watch remotely. Your Watch will unlock automatically when it connects to your mobile device with Bluetooth.

   • **Reset watch**: Remotely delete all data on your Watch. Once it is reset, you can no longer use Find My Mobile to locate your Watch.

   • **Reactivation lock**: Use your Samsung account to stop anyone from reactivating your watch without your permission.

# Watch connection

Enable or disable connectivity for your Watch.

▶ From the Apps screen of the smartphone, tap
  [Wear] **Galaxy Wearable** > **Settings** tab > **Watch connection** for the following options:

- **Remote connection**: Use your Samsung account to connect to your Watch remotely using Wi-Fi or mobile data.

- **Connection notification**: Receive a notification when a watch is connected or disconnected.

- **Sync Wi-Fi Profiles**: Enable your Watch to automatically connect to the Wi-Fi networks that are saved on your mobile device.

# Accessibility

Accessibility services are special features that make using the device easier for those with certain physical disabilities.

For more information about Accessibility for Samsung products, please contact us at
accessibility@sea.samsung.com.

To access accessibility options:

1. From the Apps screen, rotate the bezel and tap
   ⚙ **Settings**.

2. Tap **Accessibility** for the following features:

   - **Vision**: Customize visual aspects of the device.

   - **Hearing**: Customize audio aspects of the device.

   - **Text-to-speech**: Change text-to-speech settings. For more information, see Text to speech on the next page.

- **Direct access**: Configure accessibility menus to open more easily.

- **Notification reminder**: Set regular reminder intervals if notifications are unchecked.

## Text to speech

To set accessibility settings related to Text to speech:

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **General** > **Text-to-speech** and select a mode.

   - **Language**: Choose the language for spoken text.

   - **Speech rate**: Set the speed at which the text is spoken.

   - **Read notifications aloud**: Set the Watch to read out notifications received on your Watch.

   - **Check for updates**: Search for any updates to the Text-to-speech feature.

# Other settings

Configure features on your device that make it easier to use.

## Custom shortcut

You can set up a custom shortcut when the Home key is double pressed.

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **Advanced** > **Double press Home key**, and select an action to perform.

# Wake-up gesture

Change the Watch's button and motion settings.

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **Advanced** and select an option to customize:

   • **Wake-up gesture**: Set the Watch to turn on the screen when you raise your wrist.

   • **Bezel wake-up**: Set the Watch to turn on the screen when you rotate the bezel.

# Watch info

View the Watch's information.

1. From the Apps screen, rotate the bezel and tap ⚙️ **Settings**.

2. Tap **About watch** to view information about your Watch.

   • **Watch phone number**: View the phone number assigned to your watch.

   • **Model number**: Check your Watch's model number.

   • **Serial number**: View your Watch's serial number.

   • **Storage**: Check the available storage space.

   • **Device**: Access device information about the Watch.

   • **Software**: Check your Watch's software version and security status.

- **Battery**: Check the Watch's battery voltage and capacity.

- **Open source licenses**: View the guide for checking the Watch's open source license.

- **Report diagnostic and usage info**: Give consent to provide diagnostic and usage data to Samsung to help improve the quality and performance of its products and services.

- **Debugging**: Activate or deactivate USB debugging mode when developing apps for the Watch.

# Getting help

## Videos
samsung.com/spsn

## Smart Simulator
samsungsimulator.com

## Tips
samsung.com/us/support/videos

## Samsung Care
samsung.com/us/support

# Legal

View legal information
for your device.

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**Using custom OS software may cause your device and applications to work improperly. Your carrier may not permit users to download certain software, such as custom OS.**

# Samsung Knox

Samsung Knox is Samsung's security platform and is a mark for a Samsung device tested for security with enterprise use in mind. Additional licensing fee may be required. For more information about Knox, please refer to: samsung.com/us/knox.

# Maintaining water and dust resistance

**CAUTION!** To avoid electric shock and damage to your device, do not charge device while it is wet or in an area where it could get wet. Do not handle device, charger or cords with wet hands while charging.

This device is rated 5ATM. Your device is water resistant up to 50 meters per ISO standard 22810:2010. Not intended for scuba diving. Avoid excessive, sudden temperature changes, and high velocity activities. Falls and shocks may breach integrity. After use in sea water, rinse in fresh water and dry device. Despite this classification, your device is not impervious to water damage in any situation. It is important that all compartments are closed tightly.

**Note**: If any liquid is found to have entered your device components or an internally sealed system, this condition will void your device warranty.

Follow these tips carefully to prevent damage to the device.

- Whenever your device gets wet, dry it thoroughly with a clean, soft cloth. Failure to rinse the device in fresh water and dry it as instructed may cause the device to suffer from operability or cosmetic issues.

- Do not expose the device to water at high pressure.

- If the device is dropped or receives an impact, the water and dust resistant features of the device may be damaged.

**Note**: This device passed military specification (MIL-STD-810G) testing against specific conditions, including drops from 4.9 feet, extreme temperatures, dust, shock/vibration, and low pressure/high altitude. Device may not perform as described in all extreme conditions.

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Some multimedia (audio/video) files contain Digital Rights Management (DRM) technology to verify you have the right to use the files. Preloaded apps on your device may not be compatible with DRM-protected files.

Screen images are simulated. Appearance of device may vary.

The actual available capacity of the internal memory is less than the specified capacity because the operating system and default applications occupy part of the memory. The available capacity may change when you upgrade the device.

Please check with your service provider to verify qualifying services/features.