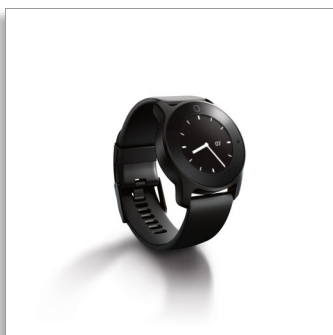




Philips Health watch

Track heart rate continuously

Monitor activity and sleep
Personalised health guidance
Syncs with Philips health app



DL8791/00

Continuous health tracking

Syncs with free Philips HealthSuite health app

The Philips health watch empowers you to live a healthier life by tracking heart rate and other metrics of your cardio condition, as well as activity, sleep and more. Get personalized guidance with the free Philips HealthSuite health app.

Get better insights into your health

- Monitor your heart rate and cardio condition continuously
- Clinically validated measurements and algorithms
- Automatically estimate resting respiration rate
- Automatic recognition for walking, running and biking
- Steps, active minutes, calorie burn tracker
- Automatically track sleep patterns
- Quick and easy input calories on the watch or in the app
- Gentle customizable reminders to stand up and move

Works with Philips HealthSuite health app

- Automatically syncs to the Philips HealthSuite health app

Suitable for all day use

- Always ON display
- Up to 4 days of battery life. Fast charge
- Water resistant up to 1 ATM

Health watch

Track heart rate continuously Monitor activity and sleep, Personalised health guidance, Syncs with Philips health app

Highlights

Continuous heart rate monitor



Get insights into your cardio condition by tracking continuously your heart rate, heart rate zones and resting heart rate.

Clinically validated



Designed as a medical device. Accuracy of measurements and algorithms are validated clinically.

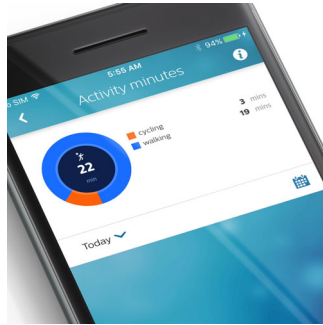
Know how fit your body is



The resting respiration rate is the number of breaths a person takes per minute. This is

usually measured at rest. Normal values by age:
18-65: 16-20 breaths/min 65-80: 12-28 breaths/min
Resting respiration rates can increase with fever, illness and other medical conditions.

Automatic activity recognition



Boost your activity levels with automatic activity recognition and tracking for walking, running and biking.

Develop healthier habits



Track steps, active minutes and calorie burn against personal goals.

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Automatic sleep tracking



Understand your sleep patterns with automatic sleep detection. Gain insights into your sleep behavior by tracking time asleep, how often you wake and sleep efficiency.



asimpleswitch.com

Philips Green Logo

Philips Green Products can reduce costs, energy consumption and CO2 emissions. How? They offer a significant environmental improvement in one or more of the Philips Green Focal Areas – Energy efficiency, Packaging, Hazardous substances, Weight, Recycling and disposal and Lifetime reliability.

Health watch

Track heart rate continuously Monitor activity and sleep, Personalised health guidance, Syncs with Philips health app

DL8791/00

Specifications

Syncing

- Phone compatibility: iOS8+(iPhone®4S+)/Android4.4.2
- Requires app: Philips HealthSuite health app
- Data transfer technology: Bluetooth® Smart

Sensors

- Measurements: Optical heart rate sensor, Accelerometer

Measurements

- Continuous heart rate: Heart rate zones, Resting heart rate
- Heart rate derived metrics: Heart rate recovery
- Overall condition indicators: Resting respiration rate
- Activity: Active minutes, calorie burn, Steps
- Automatic activity recognition: Walking, running, biking
- Sedentary behavior: Minutes of inactivity
- Sleep: Time slept, efficiency & stages

Design

- User interaction: Touch ring around the display

- Gorilla Glass display
- Housing: Stainless steel 316 L
- Wrist circumference covered: S: 5.4 - 7.4in, L: 6.6 - 8.8in
- Extra strap S size: Included in the box

Ease of use

- Strap material: Soft biocompatible TPU strap
- Inter-changeable straps: Quick release pins
- Water resistant to 1 atm: Splash and sweat proof

Technical specifications

- Display: Monochrome, 192 * 192 pixels
- Device memory: Up to 7 days of data

Power

- Battery life: Up to 4 days
- Fast charge: Charge approx. 70% in 30min
- Rechargeable battery: Li-ion battery
- Charger: USB cradle

Service

- Warranty: 2 years



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