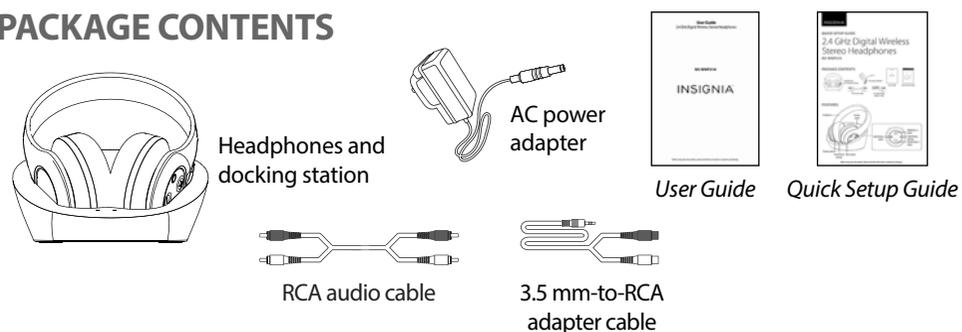


QUICK SETUP GUIDE

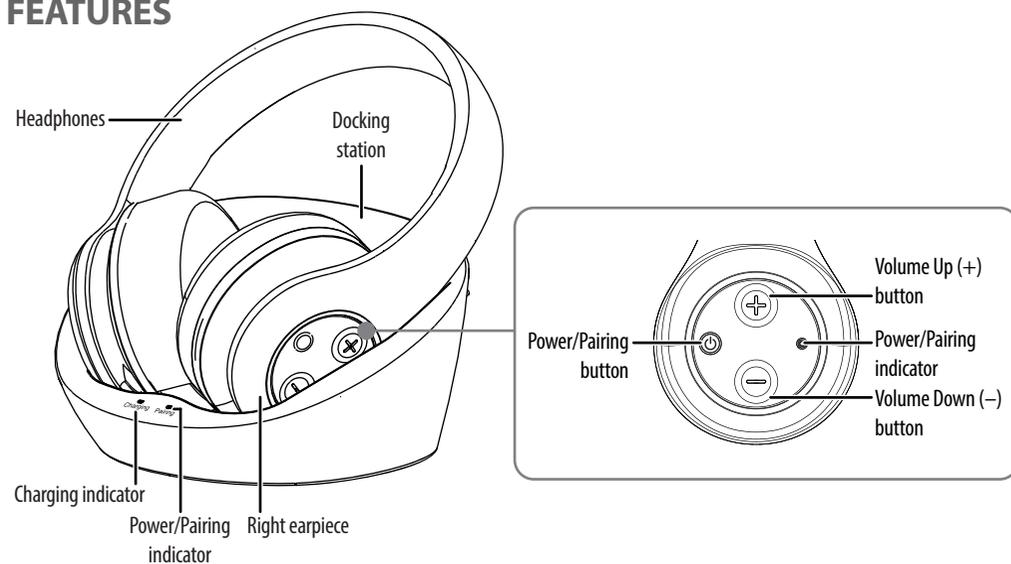
# 2.4 GHz Digital Wireless Stereo Headphones

NS-WHP314

PACKAGE CONTENTS



FEATURES



Before using your new product, please read these instructions to prevent any damage.

CONNECTING THE HEADPHONES

Look at the ports on your audio source device, such as a TV, stereo system, home theater, smartphone, computer, or tablet to identify your audio **OUT** ports. Choose the connection option below that fits your audio source device.

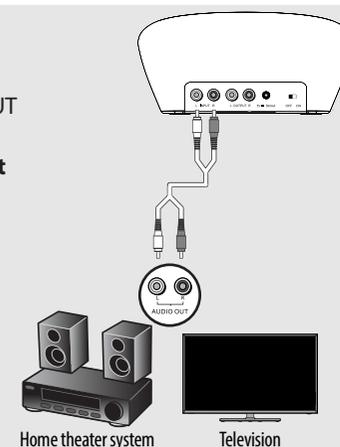
JACK TYPE (on source device)	CABLE	WHEN TO USE
	RCA audio cable (included)	If your audio source device has red and white audio <b>OUTPUT</b> ports. Do not connect to Audio IN ports.
	3.5 mm audio cable (adapter included)	If your audio source device does not have red and white audio <b>OUTPUT</b> ports, but does have a 3.5mm headphone jack.

**Caution:** Turn off or unplug all devices while you are making connections.

- PICK ONE -

RCA connection

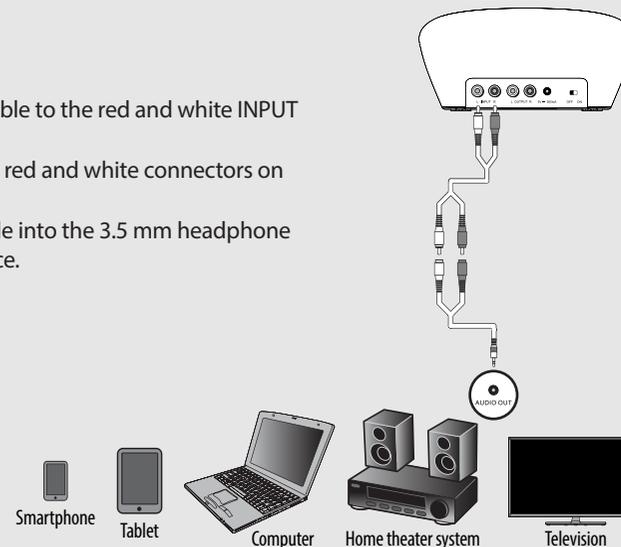
- 1 Connect one end of the RCA cable to the red and white INPUT ports on the docking station.
- 2 Connect the other end into the red and white **Audio Output** ports on your audio source device.



- OR -

3.5 mm connection

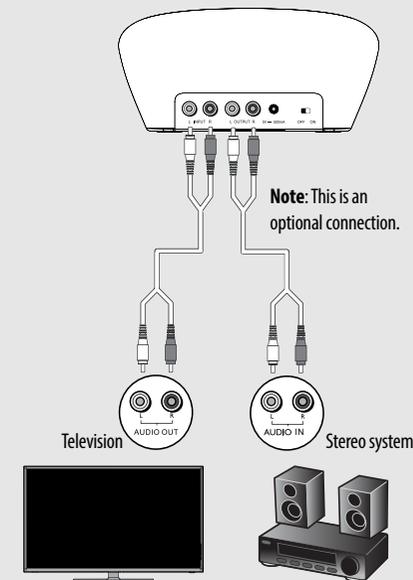
- 1 Connect one end of the RCA cable to the red and white INPUT ports on the docking station.
- 2 Connect the other end into the red and white connectors on the 3.5 mm-RCA adapter cable.
- 3 Connect the 3.5 mm audio cable into the 3.5 mm headphone jack on your audio source device.



Multiple connections (Optional)

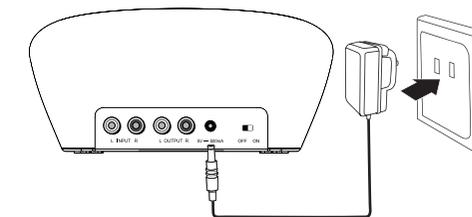
If your audio source device (a TV in the example shown) only has one audio output, but you want to connect it to both the docking station and a stereo system or home theater, do this.

- 1 Connect one end of the RCA cable (included) to the red and white INPUT ports on the docking station.
- 2 Connect the other end into the red and white **Audio Output** ports on your audio source device.  
**Note:** Use the 3.5mm-to-RCA cable adapter to connect to a headphone jack if necessary.
- 3 Connect one end of a RCA cable (not included) to the red and white OUTPUT ports on the docking station.
- 4 Connect the other end into the red and white **Audio Input** ports on your stereo system or home theater. The audio should now play through your home theater speakers.

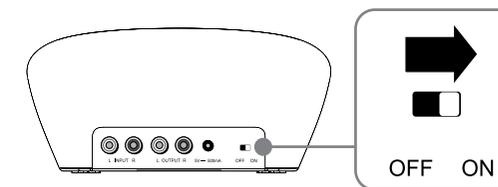


Connecting the AC adapter to the docking station

- 1 Connect one end of the AC adapter to the docking station and the other end to a power outlet.



- 2 Turn the **ON/OFF** switch on the back of the docking station to "ON." The **PAIRING** indicator begins to blink (blue).



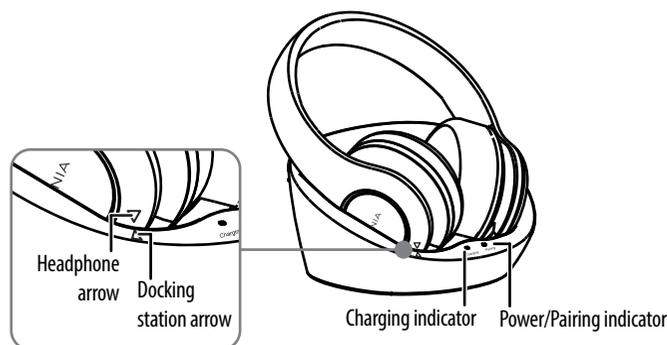
## Charging the headphones

**Important:** Before using the wireless headphones for the first time, make sure that the batteries are fully charged for at least four hours. The docking station Charging indicator turns solid green when the batteries are fully charged.

- Slide the **OFF/ON** switch on the docking station to **ON**.
- Place the headphones onto the docking station. Make sure that the headphone charging contacts and the docking station charging pins make contact by aligning the arrows (as shown below) when you put the headphones in the charging station.
- The docking station **Charging** indicator turns solid red to indicate the headphones are charging.
- When the headphones are fully charged (which takes up to four hours), the docking station **Charging** indicator turns solid green.
- When the headphone battery charge is low, the **Power/Pairing** indicator on the headphones blinks red. The **Power/Pairing** indicator on the headphones turns solid red 30 minutes prior to the batteries being exhausted.

### Notes:

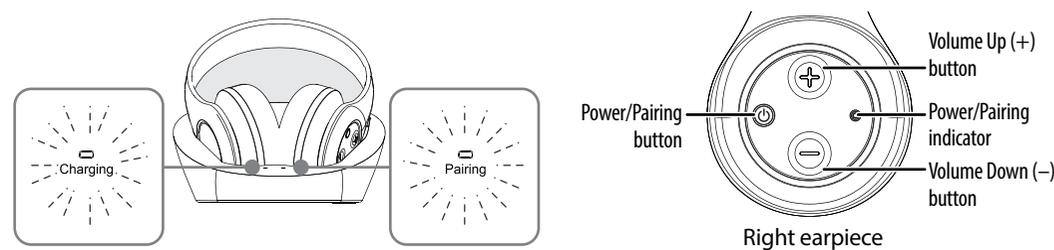
- It can take up to four hours to charge the batteries. The batteries will last up to eight hours with continuous use (depending on the headphone volume level and distance from the docking station).
- The headphones cannot be charged when the docking station is turned off.



## USING YOUR HEADPHONES

### Turning on and pairing your headphones

- 1 Slide the **ON/OFF** switch on the docking station to **ON**. The **PAIRING** indicator blinks (blue).
- 2 Press the **Power** button on the right earpiece to turn on the headphones. The **POWER/PAIRING** indicator on the headphone blinks (blue).
- 3 When the **POWER/PAIRING** indicator on the headphones and the **PAIRING** indicator on the docking station both light steadily blue, an active link is established between the headphone and the docking station. The system is now on and ready to be used.



### Notes:

- Autopairing takes 5-10 seconds.
- If the charge on the headphone batteries is low, the **POWER/PAIRING** indicator on the headphones blinks red. When this happens, you should charge the headphones.  
**Tip:** If the power indicators on the headphones and docking station continue to blink after 30 seconds, they are no longer paired to each other. If this happens, follow these steps:
  - Make sure that the headphones and docking station are within range of each other (ideally in the same room).
  - Turn off the headphones and the docking station.
  - Turn on both the headphones and the docking station. The lights will initially blink, then they should turn on steady.

### Listening to your headphones

- 1 Turn on the headphones and docking station. Make sure that your docking station and headphones are wirelessly paired.
- 2 Set the headphone volume level to the minimum.
- 3 Put your headphones on your head. Adjust the fit until you feel comfortable.
- 4 Turn on your audio source and begin playback. Depending on the audio source, you may need to turn up the volume on the audio source.
- 5 Adjust the headphone volume to your normal listening level.

**Caution:** Continuous use at high volume may permanently damage your hearing.

**Note:** If the system is connected to a TV, you may want to turn off the TV sound to prevent hearing sound from the TV speakers. Refer to your TV manual.

### Turning off your headphones

- 1 Press and hold (more than two seconds) the **Power** button on your headphones.
- 2 Slide the **ON/OFF** switch on the docking station to **OFF** to turn off the docking station.  
**Note:** It's important to turn the headphones off when not in use to conserve the battery, or if you prefer you can leave them on as long as they are placed in the docking station.

## SPECIFICATIONS

Input: AC 100-240V~ 50/60 Hz 0.2 A

Output: 5V, 500mA

Battery Life: Up to 8 hours

Range: 49.2 feet (15 m)

## ONE-YEAR LIMITED WARRANTY

Visit [www.insigniaproducts.com](http://www.insigniaproducts.com) for details.

## CONTACT INSIGNIA:

For customer service, call 1-877-467-4289 (U.S. and Canada) or 01-800-926-3000 (Mexico)

[www.insigniaproducts.com](http://www.insigniaproducts.com)

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